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by <u>Rosanne Lindsay</u>, Traditional Naturopath, <u>Nature of Healing</u> July 4, 2023

They say <u>hindsight is 20/20</u>.

So what happened in 2020?

The rush to deploy the 5G Network around the world coincided with the global COVID pandemic of 2020. That happened.

Only two years earlier, officials at the World Health Organization called COVID a <u>global threat</u>. But behind the scenes, the media quietly announced that <u>5G was</u> <u>coming</u>, whether people wanted it or not.

Why is the connection between 5G and COVID important?

It's time to play detective and retrace the narrative back to the evidence.

Let The Games Begin!

The effort to convince people that they needed a new microwave technology called 5G "for faster downloads," began below the radar when the 5G network was <u>tested during the 2018 South</u> Korean Winter Olympics. Then, the narrative sounded like this:

Let the 5G games begin! 5G will affect everything from self-driving cars and the so-called Internet of Things.

Then, in 2019, the first COVID case was declared. By then, the

5G networks had already been activated and back-page news around the world.

EMF exposure limits set up in 1996 by the FAA and others are <u>based on invalid assumptions</u>. Over <u>25,000 articles over 30</u> <u>years</u> provide evidence that shows they are not protective of human health and wildlife. One such 2015 Polish study in the <u>Journal Przegl Lek</u> recognizes EMF-induced biological effects in humans.:

Electromagnetic fields can be dangerous not only because of the risk of cancer, but also other health problems, including electromagnetic hypersensitivity (EHS).

EHS is a syndrome with a broad spectrum of non-specific multiple organ symptoms including both acute and chronic inflammatory processes located mainly in the skin and nervous systems, as well as in respiratory, cardiovascular systems, and musculoskeletal system. WHO does not consider the EHS as a disease.

It is neglectful that the WHO does not consider EMF-related health effects as a legitimate syndrome or disease. This delinquency becomes <u>a challenge to the medical</u> <u>profession</u> which must base a diagnosis on guesswork.

Ironically, the <u>WHO does recognize EMF-induced symptoms</u> as dermatological symptoms (redness, tingling, and burning sensations), as well as neurasthenic and digestive symptoms (fatigue, tiredness, concentration difficulties, dizziness, nausea, heart palpitation, and digestive disturbances). Meanwhile, the <u>European Union recognizes the diagnosis and</u> <u>treatment of EMF-related health problems and illnesses</u> going back to 2015.

Before experimental vaccines were *authorized* for COVID-19, <u>a</u> <u>set of symptoms had been described as COVID</u> by the CDC that mimics EMF exposure. The 2021 Journal Radiat Res published, "<u>Commonalities Between COVID-19 and Radiation Injury</u>" Inflammation is a key common player in COVID-19 and ARS, and drives the multi-system damage that dramatically alters biological homeostasis. Both conditions initiate a cytokine storm, with similar pro-inflammatory molecules increased and other anti-inflammatory molecules decreased.

EMF symptoms:

- fever
- cough
- chills
- loss of taste and smell
- reddening in the extremities (e.g., "COVID toes," suggestive of microvessel damage)
- include acute respiratory distress syndrome (ARDS)
- Pneumonitis and subsequent drop in blood oxygen levels, which often progresses to pulmonary fibrosis
- multi-organ hypercoagulation,
- hypoxia
- cardiovascular damage
- increase in local neutrophils, <u>cytokines</u> and other immune factors

"COVID" symptoms:

- Fever or chills
- Phlem-less Cough
- Shortness of breath or difficulty breathing
- <u>Pneumonitis</u> and subsequent drop in blood oxygen levels
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- •increase in local neutrophils, <u>cytokines</u> and other

immune factors

Serious <u>Adverse Events</u> post Cov-Vax describe the above and more:

- Heart palpitations
- Anxiety and <u>Neuro-Covid-19</u>

A Live Exercise

In 2020, during a Coronavirus Task Force briefing, Secretary Mike Pompeo disclosed the fact that the <u>pandemic "is a live</u> <u>exercise."</u>

Do the EMF-induced symptoms mimic COVID-19? Does the added mRNA EUA technologies <u>increase adverse events</u>?

Any investigative mind would first attempt to rule that out a connection between 5G and COVID-19.

So, the first order of business would be to find the alleged causal viral agent for COVID 19.

One small problem.

Officially, the 2019 virus called *Coronavirus-19* has never been isolated. in its original state. See page 41 of the 2023 <u>CDC document</u> where the Centers for Disease Prevention and Control (CDC) reports the suspect virus is "not available."

Since no quantified virus isolates of the 2019-nCoV were available for CDC use at the time the test was developed and this study conducted, assays designed for detection of the 2019-nCoV RNA were tested with characterized stocks of in vitro transcribed full length RNA (N gene; GenBank accession: MN908947.2) of known titer (RNA copies/µL) spiked into a diluent consisting of a suspension of human A549 cells and viral transport medium (VTM) to mimic clinical specimen. What is it?

Did the *Corona* virus mutate or disappear before it could be identified?

Did it ever exist in the first place?

Is Coronavirus a case of semantics, and not of disease?

If you look up the term, <u>Coronavirus</u>, it is defined as a family of cold and flu viruses. Hence, it is not one virus; *Corona virus*:

Coronaviruses constitute the subfamily Orthocoronavirinae, in the family Coronaviridae,

Further, according to a 2020 published medical journal article in the CDC's Journal Emerging Infectious Diseases, the Coronavirus was amplified and generated in a lab which became the known "isolates." See under Whole Genome Sequencing:

"designed 37 pairs of nested PCRs spanning the genome on the basis of the coronavirus reference sequence (GenBank accession no. NC045512)."

That reads a lot like <u>a patent</u>.

The present invention provides a live, attenuated coronavirus comprising a variant replicase gene encoding polyproteins comprising a mutation in one or more of nonstructural protein(s) (nsp)-10, nsp-14, nsp-15 or nsp-16. The coronavirus may be used as a vaccine for treating and/or preventing a disease, such as infectious bronchitis, in a subject.

In fact, there are a lot of COVID 19 patents when you look for them. In 2022, there were <u>3741 COVID-19-related patents</u>.

In 2020, <u>Dr. Tom Cowan called COVID a scientific fraud. He</u> <u>highlighted the 2020 study</u> that showed the *Coronavirus* is not infectious in humans:

"Therefore, we examined the capacity of SARS-CoV-2 to infect and replicate in several common primate and human cell lines, including human adenocarcinoma cells (A549), human liver cells (HUH 7.0), and human embryonic kidney cells (HEK-293T).

In addition to Vero E6 and Vero CCL81 cells. … Each cell line was inoculated at high multiplicity of infection and examined 24h post-infection. No CPE was observed in any of the cell lines except in Vero cells, which grew to greater than 10 to the 7th power at 24 h post-infection. In contrast, HUH 7.0 and 293T showed only modest viral replication, and A549 cells were incompatible with SARS CoV-2 infection."

If no wild Coronavirus was ever officially isolated, and if Coronavirus is not harmful to humans, then what could be causing similar symptoms in millions of people all over the world?

It turns out that 5G millimeter waves can and do promote symptoms described as Covid.

Controlling The Narrative

This chronological overview of the publications published during the initial critical phase of discussions around 5G and health leads to the interesting observation that publications by authors with links to anti-5G campaigning organizations dominated the early phase in which adverse effects related to 5G were discussed..Such patterns of efforts to control the narrative during critical periods. - The population health effects from 5G: Controlling the narrative, Frontiers, 2022

"5G Technology induces Coroavirus in skin cells." That was the conclusion of a study published in an Editorial from the July 2020 <u>Journal Biol Regul Homeost Agents</u> by Fioranelli et al, that was <u>subsequently retracted</u>:

In this research, we show that 5G millimeter waves could be absorbed by dermatologic cells acting like antennas, transferred to other cells and play the main role in producing Coronaviruses in biological cells. DNA is built from charged electrons and atoms and has an inductor-like structure. This structure could be divided into linear, toroid and round inductors. Inductors interact with external electromagnetic waves, move and produce some extra waves within the cells.

The shapes of these waves are similar to shapes of hexagonal and pentagonal bases of their DNA source. These waves produce some holes in liquids within the nucleus. To fill these holes, some extra hexagonal and pentagonal bases are produced. These bases could join to each other and form virus-like structures such as Coronavirus. To produce these viruses within a cell, it is necessary that the wavelength of external waves be shorter than the size of the cell. Thus 5G millimeter waves could be good candidates for applying in constructing virus-like structures such as Coronaviruses (COVID-19) within cells.

We know the importance of skin cells by their absorptive and alchemical abilities to convert sunlight (the frequency of the sun), into Vitamin D3. [See my <u>article on Vitamin D here</u>]. Yet, even knowing the delicate relationship between light frequencies and human skin, harmful technologies march forward, undaunted.

What happens when scientists take it below the surface, under the skin?

The Internet of Things

is moving ahead of itself, without attention to detail, safety, or security features.

From <u>dental sensors</u> that collect your data, to <u>medication</u> <u>sensors</u> to track compliance with prescriptions, to <u>kitty</u> <u>litter</u> that tracks your cat's bowel movements, artificial intelligence (A.I.) is moving inside. And its all hackable.

Elon Musk's <u>first brain implant prototype</u> of Neuralink has been featured in the media. Since then, the FDA has <u>approved</u> <u>chip implants in human brains</u> even though <u>a prior attempt was</u> <u>rejected</u>. Neuralink is also <u>under investigation</u> by the U.S. Department of Agriculture's Office of Inspector General for potential animal-welfare violations.

Meanwhile, medical studies on the health effects of computerhuman interface have been retracted or withdrawn: <u>WITHDRAWN</u>: <u>Brain computer interface technology</u>: <u>Usability and</u> <u>applications in psychiatry</u>.

Before putting the cart before the horse, humans must understand 5G frequencies.

The Studies

There is a wide range of evidence to interpret the newly emerging microwave exposures as an invisible stressor.

Microwaves are absorbed by living tissue. The frequencies used for cell phone technologies have a half-life penetration depth of several centimeters, whereby cell membranes constitute no obstacle. – <u>Klaus Buchner and</u> <u>Horst Eger, German Study, Electromagnetic Fields, 2011</u>

The 5G rollout preceded the vaccine rollout by several months, not only in the U.S., but in other parts of the world as well. For more information see my 2020 article, <u>Induction of COVID</u> <u>Symptoms via 5G Frequencies</u>.

Fortunately, the question of association between EMFs and COVID-related symptoms can be answered by a long list of medical journal studies:

1. <u>Radiation from wireless technology affects the blood, the heart, and the autonomic nervous system</u>, 2013

An increasingly common response includes clumping (rouleau formation) of the red blood cells, heart palpitations, pain or pressure in the chest accompanied by anxiety, and an upregulation of the sympathetic nervous system coincident with a downregulation of the parasympathetic nervous system typical of the "fight-or-flight" response.

2. <u>COVID-19 Attributed Cases and Deaths are Statistically</u> <u>Higher in States and Counties with 5th Generation Millimeter</u> <u>Wave Wireless Telecommunications in the United States</u>, 2021

This assessment clearly shows exposure to 5G mmW technology is statistically significantly associated with higher COVID-19 case and death rates in the U.S.A. The mechanism—should this be a causal relationship—may relate to changes in blood chemistry, oxidative stress, an impaired immune response, an altered cardiovascular and/or neurological response.

3. <u>Influence of electromagnetic fields on the circadian</u> <u>rhythm: Implications for human health and disease</u>, 2023

Research suggests that the circadian rhythm, which controls several physiological functions in the human body, can be influenced by light but also by the earth's EMFs. ... Severe disruption of the circadian rhythm increases inflammation which can induce fatigue, fever and flu-like symptoms in a fraction of the population and worsen existing symptoms in old and diseased individuals, leading to periodic spikes of infectious and chronic diseases.3. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8580522/

4. Evidence for a connection between coronavirus disease-19 and exposure to radiofrequency radiation from wireless communications including 5G, 2021 We present evidence that WCR may: (1) cause morphologic changes in erythrocytes including echinocyte and rouleaux formation that can contribute to hypercoagulation; (2) impair microcirculation and reduce erythrocyte and hemoglobin levels exacerbating hypoxia; (3) amplify immune system dysfunction, including immunosuppression, autoimmunity, and hyperinflammation; (4) increase cellular oxidative stress and the production of free radicals resulting in vascular injury and organ damage; (5) increase intracellular Ca2+ essential for viral entry, replication, and release, in addition to promoting pro-inflammatory pathways; and (6) worsen heart arrhythmias and cardiac disorders.

5. <u>The influence of millimeter waves on the physical</u> properties of large and giant unilamellar vesicles, 2013

...a decrease in the water membrane permeability of the irradiated samples was observed. We advance the hypothesis that both the above effects may be explained in terms of a change of the polarization states of water induced by the radiation, which causes a partial dehydration of the membrane and consequently a greater packing density (increased membrane rigidity).

6. <u>The carcinogenic potential of non-ionizing radiations: The</u> <u>cases of S-50 Hz MF and 1.8 GHz GSM radiofrequency radiation</u>, 2019

A second project of two large life-span carcinogenic bioassays was conducted on over 3000 Sprague Dawley rats exposed from prenatal life until natural death to 1.8 GHz GSM of mobile phone radio base station, alone or combined with acute exposure to gamma radiation. Early results from the experiment on 1.8 GHz GSM alone show a statistically significant increase in the incidence of heart malignant schwannoma among males exposed at the highest dose. 7. <u>Oxidative mechanisms of biological activity of low-</u> <u>intensity radiofrequency radiation</u> , 2015

A wide pathogenic potential of the induced reactive oxygen species (ROS) and their involvement in cell signaling pathways explains a range of biological/health effects of low-intensity radiorequency radiaiton (RFR), which include both cancer and non-cancer pathologies. In conclusion, our analysis demonstrates that low-intensity RFR is an expressive oxidative agent for living cells with a high pathogenic potential and that the oxidative stress induced by RFR exposure should be recognized as one of the primary mechanisms of the biological activity of this kind of radiation.

8. <u>Changes of Clinically Important Neurotransmitters under the</u> <u>Influence of Modulated RF Fields-A Long-term</u> Study under Real-life Conditions, 2011

Wireless devices used at home such as DECT, Wi-Fi, and Bluetooth amplify the effect of the GSM radiation. In the case of adrenaline and noradrenaline, almost exclusively children and chronically ill subjects (here mostly subjects with allergies) are affected.

Especially in children below age ten, it is not thought possible to maintain a chronic state of anxiety for one and a half years due to an abstract term such as cell tower radiation.

The clinical relevance of changed PEA levels is well documented for mental illnesses. Endogenous depression is associated with lowered PEA levels, whereby the transition from depression to maniac episodes is accompanied by an increase in PEA levels

After having exhausted the biological feedback mechanisms, major health problems are to be expected. The possible long-term consequences of remaining caught in the exhaustion stage have already been described by Hecht and Selye

9. <u>Mechanism for action of electromagnetic fields on cells</u>, 2002

pulsed electromagnetic fields can be more active biologically than continuous ones. According to the present theory, the low frequency fields are the most bioactive ones. The basic mechanism is the forced-vibration of all the free ions on the surface of a cell's plasma membrane, caused by an external oscillating field. We have shown that this coherent vibration of electric charge is able to irregularly gate electrosensitive channels on the plasma membrane and thus cause disruption of the cell's electrochemical balance and function.

The question is does the 5G Network play a role in creating a pandemic with symptoms identical to the condition dubbed as COVID 19?

According to a 2021 study, published in J Clin Transl Res, there is indeed evidence for a connection between coronavirus disease-19 and exposure to radiofrequency radiation from wireless communications including 5G.

... we investigated a possible environmental factor in the COVID-19 pandemic: ambient radiofrequency radiation from wireless communication systems including microwaves and millimeter waves. SARS-CoV-2, the virus that caused the COVID-19 pandemic, surfaced in Wuhan, China shortly after the implementation of city-wide (fifth generation [5G] of wireless communications radiation [WCR]), and rapidly spread globally, initially demonstrating a statistical correlation to international communities with recently established 5G networks.

Foresight: Looking Ahead

Hindsight is always 20/20.

This means that it is easy to clearly see what should have been done or said in the past. We are looking back on what has already happened, so the reasons it happened should now be crystal clear.

In truth, 20/20 is not perfect vision. It is average or 'normal' vision, because is possible to have better than twenty-twenty vision with the <u>naked eye</u>.

We see, now, that we may have a case of a missing virus!

For people to stay ahead of any future live exercises, and where the problem is *clear as mud*, people must lead with foresight. How did the prophet-authors of the past, Orwell and Huxley, seem to predict a dystopian future that is now? Did they have foresight, or did they have a blueprint?

These are times for discernment. People must raise their private investigator magnifying glasses. They must stay one step ahead, before the next games begin.

Rosanne Lindsay is a Naturopath, writer, earth keeper, health freedom advocate and author of the books <u>The Nature</u> of Healing, Heal the Body, Heal the Planet and <u>Free Your</u> Voice, Heal Your Thyroid, <u>Reverse Thyroid Disease</u> <u>Naturally</u>.

Rosanne Lindsay is <u>available for consultation</u> through Turtle Island Network. Subscribe to her blog at <u>natureofhealing.org.</u> Cover image credit: cliff1126