

# A Beginner's Guide to Permaculture, With Jim Gale

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Permaculture is an ecological design system focused on creating sustainable human habitats while promoting the preservation of natural resources.

It's a philosophy.

The term "permaculture" was coined in the 1970s.

Permaculture has a few design principles that aim to create self-sustaining ecosystems that require minimal human intervention.



Diversity and abundance are key, as [Jim Gale](#) often explains.

*You don't have a snail infestation; you have a duck deficiency.*

Jim Gale

The system involves creating a network of interconnected components such as plants, animals and structures that work together to produce food.

It's about mimicking natural ecosystems.



Monoculture reminds me of a barren desert.

Not only is it pretty, but it is also pretty anti-establishment because it can have a significant impact on mega-farming which relies on large-scale monoculture practices that deplete soil nutrients and harm local ecosystems.

By using permaculture principles, farmers can create diverse ecosystems that produce food while preserving natural resources.

Permaculture can also lead to more resilient farming practices that can withstand droughts, floods, and other extreme weather conditions.

Jim has [been on my show](#) before, but this time he gave me a type of beginner's guide.

I highly recommend listening.

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