

# A Blessing for Anyone

by [Caitlin Johnstone](#)

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*May all of your illusions be shattered beyond your ability to reassemble them.*

*May you learn quickly from your failures and successes.*

*May life treat you how you treat life.*

*May you reap swiftly that which you sow, and may it be highly educational for you.*

*May all of the hidden parts of yourself enter the light.*

*May all of your unfelt feelings be felt.*

*May you have a crystal clear glimpse of your own boundlessness.*

*May you have a crystal clear glimpse of your own insignificance.*

*May your inner monologue cease and may you experience stillness.*

*May you experience the beauty of each moment that the babbling mind eclipses.*

*May you uncover the mystery that hides behind the veil of separation.*

*May you know true courage.*

*May you know true wisdom.*

*May you know true humility.*

*May you know true truth.*

*May you know yourself intimately, without disguises or distortions.*

*May you meet the world lucidly, without projections or prejudices.*

*May you perceive the world clearly, without filters or fantasies.*

*May your delusions disappoint you and may authenticity astonish you.*

*May everything you have constructed in untruth crumble before your eyes.*

*May life conspire to unmake every false object you have made.*

*May you live each moment fully, not for the goal of grandiose achievement, but for living itself.*

*May you truly, deeply see yourself, and find there what you've always been looking for.*

*May you be truly, deeply seen by someone else. May you let yourself be seen by them.*

*May you end your war against the feminine.*

*May you finally let in the enormity of what your mother did for you.*

*May you find a home in your body.*

*May your body feel at home on this earth.*

*May the earth feel your sorrow.*

*May you feel the earth's forgiveness.*

*May the earth feel your gratitude.*

*May the earth feel your love.*

*May the thrum of the earth dance through you.*

*May you fall in love with that dance.*

*Amen.*