

# All Sickness Should Be Considered a Consequence of Starvation or Poisoning Until Proven Otherwise

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by [Thomas Cowan, MD](#), [Dr. Tom Cowan](#)

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A realistic understanding of how and why any living organism gets sick must start with the idea that starvation and poisoning are two main causes. In a remarkable ironic twist, this fact is actually demonstrated in the practices of modern

virology.

If we investigate the question of how virologists “prove” that a virus causes disease, it goes like this. A virologist takes a sample from a sick person, usually either mucus, lung secretions, blood or urine. Then they centrifuge this mixture of cellular debris, viruses, bacteria, possibly fungal components, genetic material and whatever toxins were present in the person who is sick. The centrifuged components are then inoculated on a tissue culture usually derived from monkey kidney cells, fetal tissue, cancer cells or egg yolks. **Then, and this is key, the virus is not able to grow on the tissue culture if it is simply inoculated onto the tissue.** In other words, the viruses that we are told will kill us all are actually not potent enough to grow on and kill a sample of egg tissue in the laboratory – *unless* the virologist first starves (withdraws nutrients from the tissue culture) and poisons (with antibiotics and strong oxidizing agents like bleach) the tissues. The tissue, of course, disintegrates into its myriad cellular components, spewing out its genetic material into the final unpurified mess.

Interesting to note is that when one does a careful control and uses saline as the initial inoculant, the starved and poisoned tissue is killed and disintegrates in the same fashion. It is not the “virus” that is killing the tissue, it is the starving and poisoning. Somehow, this has escaped the attention of the entire medical community.

So it is with us. When we are starved – for nutrients, love, acceptance, warmth, shelter, security, peace, cholesterol, minerals and many, many other things – we get sick. This outcome has been proven over and over again with such diseases as scurvy, beriberi, pellagra and many others. Then, as in the viral culture, if one introduces a toxin, the starved organism will deteriorate and sicken even more. The type of poisons are many; it could be glyphosate, arsenic, lead, mercury, aluminum in vaccines or in the air, or the many forms

of electromagnetic-field poisoning that is threatening our world. **The point is, sickness should be considered a consequence of starvation or poisoning until proven otherwise.** The bacteria are there to clean up the dead tissue; the “viruses” arise to communicate the type of starvation or poisoning that has occurred.

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