

# Being the Change, Tipping Points and a Lot of Monkeys

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by [Zen Gardner](#)

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So many are asking, "What can I do? How can I make a difference? How do I go about helping to effect the changes the world so direly needs?"

Good questions.

I repeatedly say to people to get conscious and you'll know what to do. What does that mean? Gain empowering knowledge and information for one. And if someone's asking those questions they obviously know just where to find it. The exponentially growing body of information available on the Internet is an opportunity of the ages. I don't know if this happened in the time of Atlantis or not, but how unique an opportunity can you get?!

Admittedly, growing up in a truly enlightened culture one wouldn't have to do all this searching and have so many lies and so much disinformation to get past. That is time and energy consuming. But it's our task, and here we are, so let's do it. And commit to it. Stop spending any unnecessary time giving the matrix your attention and energy. It's bad enough if you have a job you don't particularly like, especially if it's helping to prop up this dying system, vampiric system.

But don't cry about what can I do and sit in front of the TV all day or stay muzzled when you have an opportunity to speak up with what you already know.

## Getting Conscious

When the information comes flooding in you will eventually develop a deep spirituality. The only way this vast Universe can possibly operate is by forces and powers outside our sensory perception. Call it what you will and religions have done a great job at trying to keep it in a box, but SOMETHING is behind all this and is way powerful and wonderful. One long look at a clear night sky says it all.

Then develop that spirituality. As you venture into the worlds of esoteric knowledge the dots begin to connect, same as they do while you investigate what's really behind the scenes running the show here on earth as far as manipulated society goes. Then act on it. Meditate if that's an avenue that appears to have some validity for greater consciousness and awareness. Pray if you're so inclined. Chant, dance, sing, laugh, cry, scream....but ACT on it!

I remember reading a proverb, the desire of a lazy man kills him, because his hands refuse to work.

Don't worry, we've all been there. But now's the time to act. And as your consciousness grows and changes start to take place, the next step(s) will always make themselves manifest, be it writing a blog and networking on the net, attending or talking at gatherings, passing out flyers, hanging posters, talking to people you meet, joining or organizing demonstrations, starting a youtube channel or radio show, printing stickers or T-shirts, or just hugging and smiling and sharing love...or all of the above.

And help those already doing what you know is effective.

I'm sure you'll think of more. It's getting started that's important. The boat has to be in motion for the rudder to take effect.

## **It Matters – Every Bit Matters**

Insignificance is a matrix illusion. Each of us is infinite potential and possibility, as David Icke has repeatedly affirmed in his relentless efforts to help effect these changes. Each of us IS the Universe. Each of us IS eternal consciousness. Each of us IS connected to everything...everything. When we change, everything changes. A perfect illustration of this is the idea of the Morphic Field I wrote about some time back. [See Change the Morphic Field...Change the World!]

Quantum physics has made this idea virtually accepted fact. The inter-connectivity and creative ability of consciousness is profound...and needs to be implemented in our thinking and way of life. Once we know how powerful we each are and what a profound effect we each have gets you off your duff and doing everything you can!

## **The Tipping Point**

This is another empowering bit of information that conveys the power of change. It came out of a technical University study last year and was an encouraging discovery for those who were listening.

According to this study, if just 10% of the population wake up (or what they call “committed opinion holders” have a change) it would turn society upside-down!

I’ve included the entire article as it’s quite profound.

In this visualization, we see the tipping point where minority opinion (shown in red) quickly becomes majority opinion. Over time, the minority opinion grows. Once the minority opinion reached 10 percent of the population, the network quickly changes as the minority opinion takes over the original majority opinion (shown in green). Credit: SCNARC/Rensselaer Polytechnic Institute

Scientists at Rensselaer Polytechnic Institute have found that

when just 10 percent of the population holds an unshakable belief, their belief will always be adopted by the majority of the society. The scientists, who are members of the Social Cognitive Networks Academic Research Center (SCNARC) at Rensselaer, used computational and analytical methods to discover the tipping point where a minority belief becomes the majority opinion. The finding has implications for the study and influence of societal interactions ranging from the spread of innovations to the movement of political ideals.

“When the number of committed opinion holders is below 10 percent, there is no visible progress in the spread of ideas. It would literally take the amount of time comparable to the age of the universe for this size group to reach the majority,” said SCNARC Director Boleslaw Szymanski, the Claire and Roland Schmitt Distinguished Professor at Rensselaer. “Once that number grows above 10 percent, the idea spreads like flame.”

As an example, the ongoing events in Tunisia and Egypt appear to exhibit a similar process, according to Szymanski. “In those countries, dictators who were in power for decades were suddenly overthrown in just a few weeks.”

The findings were published in the July 22, 2011, early online edition of the journal *Physical Review E* in an article titled “Social consensus through the influence of committed minorities.”

An important aspect of the finding is that the percent of committed opinion holders required to shift majority opinion does not change significantly regardless of the type of network in which the opinion holders are working. In other words, the percentage of committed opinion holders required to influence a society remains at approximately 10 percent, regardless of how or where that opinion starts and spreads in the society.

To reach their conclusion, the scientists developed computer models of various types of social networks. One of the networks had each person connect to every other person in the network. The second model included certain individuals who were connected to a large number of people, making them opinion hubs or leaders. The final model gave every person in the model roughly the same number of connections. The initial state of each of the models was a sea of traditional-view holders. Each of these individuals held a view, but were also, importantly, open minded to other views.

Once the networks were built, the scientists then “sprinkled” in some true believers throughout each of the networks. These people were completely set in their views and unflappable in modifying those beliefs. As those true believers began to converse with those who held the traditional belief system, the tides gradually and then very abruptly began to shift.

“In general, people do not like to have an unpopular opinion and are always seeking to try locally to come to consensus. We set up this dynamic in each of our models,” said SCNARC Research Associate and corresponding paper author Sameet Sreenivasan. To accomplish this, each of the individuals in the models “talked” to each other about their opinion. If the listener held the same opinions as the speaker, it reinforced the listener’s belief. If the opinion was different, the listener considered it and moved on to talk to another person. If that person also held this new belief, the listener then adopted that belief.

“As agents of change start to convince more and more people, the situation begins to change,” Sreenivasan said. “People begin to question their own views at first and then completely adopt the new view to spread it even further. If the true believers just influenced their neighbors, that wouldn’t change anything within the larger system, as we saw with percentages less than 10.”

The research has broad implications for understanding how opinion spreads. "There are clearly situations in which it helps to know how to efficiently spread some opinion or how to suppress a developing opinion," said Associate Professor of Physics and co-author of the paper Gyorgy Korniss. "Some examples might be the need to quickly convince a town to move before a hurricane or spread new information on the prevention of disease in a rural village."

The researchers are now looking for partners within the social sciences and other fields to compare their computational models to historical examples. They are also looking to study how the percentage might change when input into a model where the society is polarized. Instead of simply holding one traditional view, the society would instead hold two opposing viewpoints. An example of this polarization would be Democrat versus Republican. Provided by Rensselaer Polytechnic Institute. Source

## **The Awakening Point is Here and Now**

Interestingly, as mentioned above about feeling insignificant, when the number of "different opinion holders" is below 10% there's this innate sense of futility because the fact is, as they say, it would take virtually next to forever for the ideas to move against those of the majority, mathematically speaking.

However, by simply breaking that 10% barrier some dynamic takes place, a type of critical mass is reached, and it takes on a life of its own.

A lot of this has to do with the perceived "popularity" of beliefs. Which makes sense. People are swayed by these pressures.

But what's even more exciting is the consciousness factor as well as the vibrational change aspect we're undergoing. While these study parameters are social pressures and societal

mechanisms as they've identified them, in reality we're talking multi-level and multi-dimensional influences at play to help effect these vast and unlimited consciousness changes.

In other words, we're moving fast to that tipping point as we speak!! I can't give you any numbers or percentages, but it's happening! And ironically enough the more TPTB try to suppress it the faster it's growing!

I mean even the planets, stars and whole Milky Way are lining up as part of this changeover!

Glorious, isn't it?

Now get busy. The sooner this thing ignites in a blaze of wondrous glory the better! And you don't have to worry about the overall, just you and your part.

### **Next Step – The 100th Monkey**

This is the classic example of the other dimensional aspect of the awakening. Herein lies our secret weapon.

You've probably heard this term and are familiar with the concept, but it's worth another visit in this take action context. Again, it's extremely empowering information so be sure to share it far and wide.

Similar to the above study regarding the Tipping Point, this Hundredth Monkey Phenomenon means that when only a limited number of people know of a new way, it may remain the conscious property of these people.

But.. there is a point at which if only one more person tunes-in to a new awareness, a field is strengthened, similar to the Morphic Field idea above, so that this awareness is picked up by almost everyone!

The Hundredth Monkey

Uploaded by Lost8Wizard on 16 April 2009

David Icke on the 100th Monkey Syndrome – Must Watch as well...

## **Conclusion**

While the awakening is going to happen one way or the other, each of our individual decisions and actions are the most important thing there is. Obviously the more people wake up and the faster they do, the sooner this illusory matrix can come down and the sooner we have a major societal shift. Needless suffering and oppression would diminish rapidly as consciousness arose, inspiring deeds of love and kindness and a whole new sense of real community and creative sharing.

However, each of us living as fully as possible within this shifted state is our most important job. If we don't respond to that, we share in the continued reign of oppression and ignorance rather than help hasten its demise.

But it's each of our own responsibilities, not anyone else's. That's the problem with the current paradigm, this hierarchical dependency on being told what to do, and even think. This dependency is exactly what enables their unhealthy, in fact wicked control grid for the good of a few and the misery of the masses.

We each need to find out, know and do our part. That's it. And keep at it.

And when we're called to step it up, step it up.

Universe will make plain each step of the way. We're more than empowered to do and be everything we need to, and whole lot more!

Enjoy the ride and keep the love in word, deed and intention flowing!

Much Love,





[Zen Gardner](#) is an impactful and controversial author and speaker with a piercing philosophical viewpoint.

His writings have been circulated to millions and his personal story has caused no small stir amongst the entrenched alternative pundits. His book *You Are the Awakening* has met rave reviews and is available on amazon.com. *You Are the Awakening* examines the dynamics of the awakening to a more conscious awareness of who we are and why we are here – dynamics which are much different from the programmed approach of this world we were born into.