

# Bruce Lipton: Crisis Precipitates Evolution

by [Jason Liosatos](#) with Bruce Lipton

October 5, 2016

## Bruce Lipton and Jason Liosatos Speak Outside The Box

<http://www.youtube.com/watch?v=s0xvx3FWtiE>

My great talk with Bruce Lipton, Cellular Biologist and advocate for truth, peace and harmony.

We discuss this exciting time for humanity, and that each one of us is a great and powerful part of the change we wish to see, and that by changing the environment around our societies we change everything, like the cells in and around a body...

We talk about creating new, healthy, harmonious systems, and the great revolution of consciousness, as we remember we are all the midwives of a great new world which is possible if we remember and re empower ourselves enough to manifest it...

We also discuss depression, disharmony and stress being a natural symptom from a healthy body and mind in a system which is exhausting it, and driving it mad...