

Rosanne Lindsay, Naturopath: When Men Give Birth | Can Men Really Give Birth? What Does the Term “Man” Mean?

[Can Men Give Birth? What Does the Term “Man” Mean?](#)

[When Men Give Birth](#)

by [Rosanne Lindsay](#), Traditional Naturopath, [Nature of Healing](#)
June 3, 2022

Can men give birth?

More and more, the stories in the health-related media say, yes, men can [get pregnant and give birth to children](#) on their own.

However, that is true only when the term “man” is broken down to its new definition. A re-education is now taking place because there are some *common misconceptions* about the term “man.”

Not all people who were assigned male at birth (AMAB) identify as men. Those who do are “cisgender” men. Conversely, some people who were assigned female at birth (AFAB) identify as men. These folks may be “transgender” men or transmasculine people.

A New Spectrum

To be clear, according to the *Transnarrative*, if you fall on

the Transmasculine spectrum, “you may identify as a man or any number of other gender identities including nonbinary, genderqueer, or agender.”

In former times, the ability to get pregnant was based on the ability to menstruate, which only women experienced. Even today, because biologic men do not menstruate, they cannot get pregnant or birth babies. The same is true of women who pass through menopause and no longer bleed monthly.

However, in the Transgender Age, everything is reversed:

“To be a man” is now defined such that a man can get pregnant, have periods, and have biological female chromosomes. To different people, this is either an exceptional mark of progress or a symptom of rabid social and/or linguistic deterioration.” – [Rory Cockshaw, The Men Who Menstruate](#)

Do TransMen have TransWombs?

Fortunately, the Female-to-Male (FTM) Transgender has the reproductive hardware and hormones necessary to form and carry a child. And there is a recipe: Transmen taking hormones (testosterone) to stop menses will have to start up again to become pregnant.

The medical world understands all about “gender non-conforming pregnancies.” According to the the December 2014 [Journal of Obstetrics and Gynecology](#), “Transgender Men Who Experienced Pregnancy After Female-to-Male Gender Transitioning,” can and do get pregnant. This is based on a cross-sectional, web-based survey. What about underlying biology of the FTM?

Trauma-focused therapist and sex educator [Aida Manduley](#) explains that two things are needed for pregnancy (and they are not gender identify or sexual orientation):

- *sperm*
- *an egg*

One person needs to have testicles (where sperm is produced), prostate and bulbourethral glands (to create the other components of semen), and a urethra (for the sperm to travel through)

And another person needs to have an ovary (where eggs are produced) and a uterus (where the sperm meets the egg).

According to a [Healthline report](#), there have been many [Transmen on testosterone who have conceived](#) from unprotected *vaginal* sex.

Don't let the new normal narrative fool you.

The Media Ads

America is back to [Virtue Signaling](#) at its finest, a tactic of subtle persuasion.

It is common to hear people introduce themselves and “self-identify” by sexual, gender, racial, or ethnic classifiers. And it is becoming trendy for companies to jump on the Transgender bandwagon.

Clothing brand [Calvin Klein](#) capitalized on this trend when it aired a Mother's day ad featuring a pregnant transgender man:

We embrace this platform as an inclusive and respectful environment for individualism and self-expression. At Calvin Klein, we tolerate everything except intolerance— any intolerant commentary will be removed, and any accounts issuing hateful statements may be blocked.

The ad generated some backlash from people who questioned the likelihood of any biologic man becoming pregnant. Calvin Klein's response? “Bigotry!” [Calvin Klein](#) is on the record as

refusing to accept all opinions different from their own. Yet, having *any* opinion in the “mainstream” is becoming increasingly difficult because some opinions are louder than others. It depends on who owns the megaphone.

Soon after the Calvin Klein ad, Mattel released the [Transgender Barbie doll in the image of Transman Laverne Cox](#); *emphasis on cox?* The new Barbies are reported to not have genitals, but they never had genitals to begin with, as they are toys. Cox claims that it was his/her mother’s fault that he/she was denied the ability to play with a Barbie doll, which caused shame and trauma. The answer from a medical therapist? “Go out and play with a Barbie doll.” Cox claims it was playing with the Barbie dolls that inspired healing.

No one discounts that [Gender Dysphoria](#) is a recognized [medically diagnosed condition](#), where someone feels that their physical gender does not match their internal gender identity. [Medical treatment](#) includes talk therapy with a psychologist, puberty blockers, hormones, and surgery. A Spanish medical journal states:

In children and adolescents, gender identity dysphoria is a complex clinical entity. The result of entity is variable and uncertain, but in the end only a few will be transsexuals in adulthood.

Let Kids Be Kids

The inherent immaturity and vulnerability of kids, who cannot purchase cigarettes, get married, or get a tattoo without parental consent, makes them prone to [being taken advantage of by others](#). When it comes to surgeries for minors (without parental consent), many states are taking action to safeguard children with legal protection.

On May 6, 2022, an [Alabama law took effect](#) criminalizing gender transition surgery, puberty blockers, and hormone

treatments on minors, punishable by up to ten years. On June 3rd, [Florida governor took steps](#) to protect minors from transgender surgeries. While the American Academy of Pediatrics (AAP) and the Endocrine Society recommend these treatments for 'gender affirming' care, the Florida Agency for Health Care Administration, released [a 46-page report](#) arguing against Medicare coverage for trans surgeries. Among their reasons:

Following a review of available literature, clinical guidelines, and coverage by other insurers and nations, Florida Medicaid has determined that the research supporting sex reassignment treatment is insufficient to demonstrate efficacy and safety...

The current standards set by numerous professional organizations appear to follow a preferred political ideology instead of the highest level of generally accepted medical science

...the scientific evidence supporting these complex medical interventions is extraordinarily weak.

There are [at least 16 states that have taken action](#) to protect children from Transgender surgeries. Arkansa's [Save Adolescents From Experimentation Act](#), openly contradicts guidance issued by the U.S. Department of Health and Human Services under President Joe Biden and transgender rights activists. Yet, it is the [State government's role](#) to regulate activities and issues of citizens within the boundaries of the state it governs, not the federal government's.

Why do corporate ads fail to respond to the real consequences that these kids face in society? Do their transgender ads serve to create more division and segregation? Are Calvin Klein and Mattel virtue signaling? The truth is that girls play with GI Joe and boys play in the kitchen. Speaking out about social issues without actually acting to support the

cause is called [Slaktivism](#).

Have we reached a moment of [Transanity](#) by design, at the hands of the media?

TransHistory

Hollywood films, and international films are conduits for social change, and some would say, conduits of *social engineering*. [Ninety percent of media is run by six corporations](#). This small group offers an illusion of choice. With their power, they convince a captive audience to emulate “the trends” as they see them. Some of the first films ever produced featured LGBT-themes, though they did not achieve major box office success. [See [Pre-1920s](#), [1920s films](#), [1930s films](#), [1940s films](#), [1950s films](#), and [on and on](#)]. Today the list of [Transgender movies](#) is prolific and accepted.

While these themes have always been present in Hollywood, they have only recently become legitimized by government and the mainstream. In 2018, a federal judge in Wisconsin was ordered to [cover surgeries for gender reassignment and sex hormones for state employees](#). However, if you look closer, coverage can have [hidden exclusions and limitations](#) based on medical necessity. There are now [Non-binary, Gender X drivers licenses and passports](#), as well as [birth certificates and state IDs](#).

In 2017, the Transgender narrative began a new cycle in the media, when [Toni the Tampon](#) made its debut to teach children that men, too, can get periods. Since [2017](#), a new space has been created for TransAthletes, to allow TransWomen, or Male-to-Female transgenders, to compete as equals against biological females in weightlifting, on the football field, and even in mixed martial-arts.

[In 2017, writers could write their opinions](#) even if considered “intolerant,” simply because people were still recognized to have the natural right of free speech. [See also my 2017 article, [When Men Menstruate](#)]. This all happened

before *Transcensorship*.

In today's Transgender Age everyone is welcome to mingle in the same genderless shower rooms and restrooms, even if athletic competitions are still segregated into "male" and "female." And no one can say a negative word. Today, [female athletes are being crushed by TransWomen](#) who once identified as men. At least [30 Transgender athletes are now considered "famous"](#) because the media says so. But anyone with an opposite opinion is considered prejudiced.

In the race to be "all inclusive" have we stopped long enough to recognize our biological differences? Is it not right to question the fairness or safety of biological males – with larger muscle mass, hearts and lungs, with greater strength, acceleration, power, and speed – to compete against girls and women in sports? Is it right and just that [TransWomen weight lifters smash women's world records](#)? Is a backlash not expected from those who see the contradictions? Why must transgender athletes "[pave the way](#)?" Pave the way to what, exactly?

The Broken One-Sex Model

The One-Sex Model was the idea of Thomas Laqueur who claimed that up until 1750, all humans were seen to be different manifestations of the same sex. The difference between humans was minimal.

It was also noted that the external genitalia of a man is almost exactly the same shape, though inverted, as the internal genitalia of a woman. The testes mapped onto the ovaries, and so forth. It was therefore thought by many, Laqueur said, that if only a woman when developing in the womb of her mother were subjected to more heat, then they would have had sufficient energy to push their internal genitalia outside and become male. [Cory Cockshaw, Meet the Men who Menstruate](#)

Unfortunately, no one can corroborate Laqueur's opinion since no one exists from his time. One historian, *Pliny the Elder*, killed in the eruption of Mount Vesuvius in 79AD, also claimed that men menstruate... through the nose:

In the human race alone a flux of blood occurs in the males, in some cases at one of the nostrils, in others at both, with some people through the lower organs, with many through the mouth; it may occur at a fixed period, as recently with a man of praetorian rank named Macrinus Viscus, and every year with the City Prefect Volosius Saturninus, who actually lived to be over 90.

A famous 18th century "physician" [Andreas Vesalius](#), a Flemish Anatomist, made illustrations of detailed human anatomy (See [illustrations from Vesalius' atlas](#)) in 1543 including the genitalia. However, because the drawings and woodcuts proved controversial, the genitals were *removed* via black ink. At that time, Vesalius considered menstruation as the female equivalent of hemorrhoids in men:

a man who suffered from the complaint called haemorrhoids... at regular intervals this man used to have a flow of blood from the anal veins, in the very same way in which woman have their menstrual flux. – [Cory Cockshaw](#)

However, the [MayoClinic](#), the 21st century medical authority, does not reference genitalia when describing hemorrhoids, also called piles, which are [common in pregnant women](#) and as a result of giving birth:

swollen veins in your anus and lower rectum, similar to varicose veins. Hemorrhoids can develop inside the rectum (internal hemorrhoids) or under the skin around the anus (external hemorrhoids). Nearly three out of four adults will have hemorrhoids from time to time. Hemorrhoids have a number of causes, but often the cause is unknown.

Do [men have periods every month?](#) What about [men who want bigger breasts](#) without surgery?

Certain medical drugs are known to cause the direct effects of *abnormal* breast growth in men, a medical condition diagnosed as [gynecomastia](#). Likewise, [some estrogen-boosting herbs](#), such as Saw Palmetto, which reduce the size of a swollen prostate, can also have the effect of breast swelling. See [similar herbs here](#). It goes without saying that if you have a medical question, discuss it with your medical doctor.

Are The Sexes Being Neutered?

A new wave of uniformity is sweeping the globe to merge the separation of the sexes once and for all. Uniformity is the blending and blurring of differences into a fluid sea of ambiguity and nebulosity. The new equality movement is **gender blending** – to ignore the biological differences that exist between the male and female species as they were created.

Are we, as unique individuals, being made to conform to a mindless, empty, Baphomet-like shell that can be more easily controlled by the conglomerate few? Are governments, in a sense, blotting out the genitalia 500 years after Vesalius' drawings? Are humans ultimately being neutered as vessels for something else?

In 2009, the Delhi Supreme Court instituted an official third gender in India that is neither male nor female by allowing those in the transgender community to self-identify one's gender using [legal documentation](#).

Since 2016, in New York City, it is illegal to discriminate against anyone whose gender is male, female. Model legislation by the NYC mayor Bill de Blasio has [released a list of 31 gender pronouns](#) approved by the New York City Commission on Human Rights. The list is a guide for businesses, which can now be fined as much as \$250,000 if establishments in the

state of New York refuse to address someone by their preferred **gender pronoun**:

BI-GENDERED • CROSS-DRESSER • DRAG KING • DRAG QUEEN • FEMME QUEEN • FEMALE-TO-MALE • FTM • GENDER BENDER GENDERQUEER • MALE-TO-FEMALE • MTF • NON-OP • HIJRA PANGENDER • TRANSEXUAL/TRANSSEXUAL • TRANS PERSON WOMAN • MAN • BUTCH • TWO-SPIRIT • TRANS • AGENDER • THIRD SEX • GENDER FLUID • NON-BINARY TRANSGENDER • ANDROGYNE • GENDER GIFTED • GENDER BLENDER • FEMME PERSON OF TRANSGENDER EXPERIENCE • ANDROGYNOUS.

Gender designations are confusing from a logical standpoint. For example, “Agender” is someone without a gender, or someone who does not believe in gender. So does an Agender person *discriminate* against other genders in which they do not believe? Would they be fined under this NY law? Is that legal?

Since it is now illegal in many states to discriminate on the basis of gender, how does that policy co-exist with established hiring policies under Affirmative Action Programs codified under [41 CRR Part 60-2](#), which falls under Executive Order 11246 – Equal Employment Opportunity, the [Rehabilitation Act of 1973](#)?

Since [white people can identify as black](#), and [black people identify as white](#), why do Black Lives Matter? Why are there color differences and in a sea of genderless humans? Why not just call everyone human and be done with it?

Has the world grown too complex? Will it soon be politically incorrect for women to be called menstruators? Can you play with Tonka Trucks and still call yourself female?

Where once human interactions and introductions involved sharing a name, and perhaps a vocation, people now feel obligated to express the complexities of their gender identity in different contexts and social settings. For those who see humanity in crisis, consider what [Casey Chalk writes in the](#)

January, 2020 Crisis Magazine:

These new norms, rather than facilitating more charitable and respectful human interactions, undermine them. In a world that demands hyper-sensitivity to the multivalent identities and expressions of every person—lest we offend or expose our insufficient woke credentials—it's better not to try. It might be best to just keep one's eyes locked on a smartphone or newspaper. The proliferation of pronouns and identities doesn't eliminate barriers to human exchange; it raises them.

Related articles:

- [The Age of Ultron: Ultimate Transformation](#)
- [The Transhumanist Agenda: Loss of Identity](#)
- [The Transhumanist Agenda and the Future of Humanity](#)
- [When Men Menstruate](#)

Rosanne Lindsay is a Naturopath, writer, earth keeper, health freedom advocate and author of the books [The Nature of Healing, Heal the Body, Heal the Planet](#) and [Free Your Voice, Heal Your Thyroid, Reverse Thyroid Disease Naturally](#).

Rosanne Lindsay is [available for consultation](#) through Turtle Island Network. Subscribe to her blog at natureofhealing.org.

[Connect with Rosanne Lindsay](#)

cover image credit: [janmarcustrapp](#) / pixabay