## Jeff Baker: On Unfolding Events in Wisconsin and Visions of a Better Future

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by **Jeff Baker**, contributing writer at <u>Truth Comes to Light</u> April 24, 2020

I live in Wisconsin – USA and yesterday (5/13/2020) an opening to Freedom was launched. Wisconsin's State Supreme Court ruled the Governor's decree of Stay at Home and keeping most businesses closed was struck down lifting most of the restrictions.

https://www.jsonline.com/story/news/politics/2020/05/13/wiscon sin-stay-home-order-ended-supreme-court-ruling-schools-closedcoronavirus-safer-at-home-evers/5187903002/

The more populated cities and counties reinstated the rules of stay at home in varying degrees. It seems that the majority of people in the more populated areas want this Lock-down and in the rural areas they want the restrictions lifted. I have personally been to several areas in the central and southern parts of the state over the last 2 months (I don't make a good prisoner) and this is true. When the ruling came through I saw several pictures on FB of packed bars within 3 hours of where I live. This isn't just bars and restaurants, it is beauty/nail salons-bicycle repair shops-bakeries/bread stores and much more.

There is hope that the Ruling Elite will be overridden and the False World we have been living in for way too long will come

to Light. I believe that we create our own reality and if enough people on this planet Envision a Loving —Beautiful Existence this will come to realization. I can get the mop on my head trimmed now.

Peace?



Jeff Baker

In Jeff's own words: "Talkative, Independent, Traveler, Risk Taker, Rebel at times, Definitely Non-Conformist, Husband, Father, Grand Father, Cook, Vegetarian want-to-be (chickenfish-eggs — I'm getting there)."

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### Virus Fear and Demons

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by **Jeff Baker**, contributing writer at <u>Truth Comes to Light</u> April 24, 2020

All because of a Pandemic Humans are in Fear. I thought a virus is a Cold/Flu – Am I correct? Hundreds of thousands of people get viruses every year. If your body is too toxic from eating/drinking toxic foods you will succumb to a virus – what I thought. I have read that pharmaceutical drugs are full of

toxins — That is why some Babies/Children and Elderly people are more susceptible to sickness of any kind. Lack of sleep can cause this too. If we start eating and thinking(stop watching media fear porn) correctly and cleanse our body and mind of toxins and you should be fine. Does staying inside away from people with masks and gloves on do any good?

It seems to me that this virus could be about about controlling the World by literally a handful of people. The Governments around the world (especially the United States and UK) are setting up Emergency centers in tents and large building's(convention centers and stadiums) to accommodate the 100's of millions of people that will be getting sick and die. Could the future deaths and sickness of millions around the globe be caused by fully turning on five g through satellites and ground transmissions?

You don't believe in Demons? From what I have read we and everything in existence is Spirit or Energy? This may be truth or not, everyone has their own opinion and rightfully so. You and I have always existed and will never cease to exist. We create these fantastic experiences to expand ourselves. We are a so very tiny piece of the whole of existence. Think of a molecule of water in comparison to all the water in and on Earth – Our experience is less than a Trillionth of that. Demons are another part of this same experience and the difference between most of us and them is they want total control of this experience. Many of us give in to their bullying tactics and are therefore Possessed by something. What do you think?

This existence of planets and the suns in our universe has been built up for Eons. There are countless other experiences and universes we are not conscious of. This Earth experience has a higher amount of controlling entities than the others. These entities have helped to obliterate the surface of this Earth and advanced societies many times over because people seem to like living under their spell. Again this is piecing information together from many sources I have read. It's just another possibility of what could be happening.

Now is the time to break that spell by uniting with like minded people physically and mentally in-on and above this Earth. It only takes a fraction of the over 8 billion souls here to wake up to what and who they are and this will trigger over half of the other souls to wake up. Some souls are content with their Illusion and that is ok.

If at the very least you just keep your mind concentrated on a Loving Kind Earth and reject the negative dark thoughts that are constantly bombarding our minds we will create a new existence in a Flash. It is game on to see where this existence will go.



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## **Choosing Your Path**

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by **Jeff Baker**, *Contributing writer at <u>Truth Comes to Light</u> April 17, 2020* 

I believe we are at a point of spiritual separation. We have the choice of a dark and fearful path or that of a fearless and peaceful path. This period we are living in has been written about for a few thousand years. I have read about this in books written in the late 1800's until now and bits and pieces from the Christian bible. Information comes to me from within — my heart — connection to my real self-spirit.

We all have the ability to read these books/articles or to go within and instantly receive information. You will know if the info you are reading/receiving is correct from your innate sense you are born with. You have to let go of All Fear first. If that means moving to a new location – separating yourself from fearful people spouses, children, friends, neighbors or anything – you need to do it.

There is no right or wrong of which path you choose, it is where you are at on the path. It is the experience of that path is what you need during this journey. You are what has been-is now and will be. There is no time except in this illusion you are experiencing now. Prepare your mind – There is going to be a Lot of Change happening in the days ahead. People-Plants-Animals leaving and others coming into your experience. The 3-d experience is either going to stay with you or you will go on to 4-d and beyond. It won't be for the faint of heart – but all will be well.

Meditation is the best way to get through this. This is what I use -

Meditation, when properly understood, is the stilling of the physical body, generally in a position where the spine is straight and erect, sitting up, not lying down. Your place of meditation should be fairly comfortable as to temperature and somewhere you are likely not to be disturbed by others. An ambiance or atmosphere of the spirit should be cultivated around it if possible.

When you sit to meditate, you must come to feel that you are about to have a conversation with your God, your Higher Self, and nothing less. You should approach meditation as you approach the altar of invocation—with humility, awe, respect, great love and gratitude.

With the proper attitude, approach, and place, we suggest the following meditation procedure:

**1.** Sit in a comfortable posture with your spine straight and erect. You may sit in the traditional yogi's meditation position or straight up in a comfortable chair.

**2.** Invoke the Violet Flame of Protection or read the Invocation of Protection.

**3.** Begin to breathe deeply and honor the breath that is yours to draw in and to exhale. And with each breath, one should realize that one is drawing in pure life and light.

**4.** As you breath deeply, initially focus your attention in the head area, the top of the head in particular. Become aware of your own aura.

5. Then, become aware of your spine, the central beam of the temple of the body, the spinal column, that lovely dimensional doorway into inner space. Focus on the spine as you get used to the rhythm of the breath, as it goes in, as it goes out, and eventually release your attention on the breathing as it continues at the proper pace by itself.

**6.** Focus all attention on the spinal column itself, holding the attention there. Seek to visualize it as a tube of pure white light.

7. You begin to have the desire to go into it, for it is indeed a doorway. It is a dimensional opening in the physical body. You seek to go in it. You must have the desire to go in it, the will to go in, and in, and in. You must will yourself to go in, not unlike one paddling a canoe upstream against the current and not unlike the salmon who doggedly keep swimming upstream against the current that keeps beating them back. But they don't stop. Use your will to go in, in, in.

8. In each session of meditation, at some point one will hit an inner foothold, a landmark, so to speak. You'll know what it is by the sheer experience of it. If you think you cannot go any deeper, you should keep trying nonetheless until you cannot go any more. At this point, stop and simply enjoy the inner surroundings.

**9.** Seek to become aware of the inner atmosphere as the breath continues to inhale and exhale at its own steady pace.

**10.** Seek to know yourself as you are, beyond thoughts, feelings, sensations and certainly physical bodies. Every session will be a new adventure.

**11.** Seek to know that part of you that has never changed and shall never change, the part of you that is eternal. Seek to feel your own endlessness.

This may seem like a very cursory and basic approach to meditation but we assure you that if properly followed, it will lead you to inner breakthroughs of the type that most people so much want to experience but are so unaware of how to.



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# Sharing Our Global Experience: A Message from Jeff in Wisconsin, USA

### <u>Sharing Our Global Experience: A Message from Jeff in</u> <u>Wisconsin, USA</u>

by **Jeff Baker**, contributing writer at <u>Truth Comes to Light</u> April 13, 2020

Hey there Ya'll,

I'm writing this from a town coined in a song from John Prine-"Lake Marie" – Standing by Peaceful Waters. It's a lot more peaceful here than where I used to live in Florida and Illinois. We are at an end of an Age and beginning a New Age.

The life we lived up until now is at a crossroad. Old Paradigms are being replaced by new ones that we create with

our hearts and minds. I don't have to say this because all who are reading this now already know this. We come to sites like the one Kathleen has created with "Truth Comes to Light" to seek reassurance we aren't crazy for some and for others a sense of community.

I can safely assume most of us do not live near or know anyone close to us that think like we do. Since I can remember from my earliest days I don't think and act like my family, friends and other people I come into contact with. The friends I have met tend towards the way I think, but from a Spiritual stand point we tend to be farther apart.

I never fit into groups in grade school-middle school-high school and 40 years later I still don't. I have been on my own until the Internet was developed and I found others that think like I do. I have always had a hard time working for others and have been most successful being self employed.

The main point I want to say is — We are going to be OK. During a New Age we are free to create a New World where peace reins, no one is homeless,hungry or alone(We can actually Create anytime we are in embodiment on any world). We are All Powerful and with a mere thought can create anything we want — Be Careful on what you create — We Don't want to create some of the dark features of the paradigm we are exiting.

Getting back to Spirituality – At the age of 12 I had my inner voice(spiritual presence) tell me that I was going to be involved with something huge and important. By the age of 35 nothing huge or important than I was married and had 1 child with my wife(there is an older child I have also). What I am doing now is probably what was forecast to me. I have always seen movements from the corners of my eyes – spirits I will call them. I can sense darkness in places like older buildings and outdoor areas. I can sense areas of light and high energy too. I can communicate with animals- especially birds. I can see faces in clouds-trees-rocks anywhere. When I was 18 my sister took me to have a reading by a psychic and I remember her stop at one point and she mentioned that there were at least 7-8 spiritual guides around me with more not too far away. She had never experienced that before. I have escaped death on more than 1 occasion. Falling onto a pane sheet of glass at 10 years old and the long shard went into my butt cheek and not my abdomen. Near drowning 3 times. Motorcycle and car crashes and several more bizarre incidents.

The one that woke me up was when I was painting the outside of a house in 2005. I was on an aluminum ladder at 25 feet up on a concrete pad when I suddenly found myself attached to the power line by my right arm. I could feel the a/c going in and out and knew my life was near an end. Suddenly I felt detached from the situation and was told that I could leave this body now and go on or I could stay and complete my mission here on Earth. I chose to stay and I immediately pushed on a window which drove the ladder onto the power line and all I remember was a bright flash. I came to on the grass 10 feet away with no broken bones or cuts. I died that day and was given a chance to live this life.

Since then I was spiritually directed to many books and web sites learning about spirituality, meditation, prayer and much more. I have learned that I know what others around me are thinking(I keep that turned off now). I can calm down situations and people around me when they are overtaken by dark entities(It only lasts until I leave the Situation). The nightmares I had for much of my life are gone because I have taken control of my conscious and unconscious mind dispelling those dark entities which are always circling all of us.

Ok — I'm long winded. I once bought a book on how to write a book, but gave it away after never reading too far into it.

You can create anything. I used to dispel the clouds and send storms around me when I lived in Florida so when I went to the beach it was sunny right where I was. I do recommend to find and read books on how to use prayers, mantras and flames/light(white-pink-violet and much more) to heal and help Planet Earth, people, plants, animals and everything else in existence.



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