Breathing Into the Sun

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by <u>Cnawan Fahey</u>, <u>Ethereal Nature</u> December 28, 2014

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Since the darkest of nights the sun has not shone

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overcast days for overcast hearts

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when at last the pale shroud lifts that first ray of hope pierces the sky

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as sifting through the ash a glowing coal resurrected from the bon fire of surrender

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the sun emerges embryonic from the womb of the earth

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breathe into the spark of one's own inner sun

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kindle this ember coax it to waken

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breath after breath
it burns brighter and brighter

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breath after breath
it burns brighter and brighter

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