

# Compassionate Water (The Great Bell Chant)

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by Thich Nhat Hanh

*May the sound of this bell penetrate deep into the cosmos  
Even in the darkest spots living beings are able to hear it  
clearly  
So that all suffering in them ceases  
Understanding comes to their heart  
And they transcend the path of sorrow and death.*

*..*

*The universal dharma door is already open  
The sound of the rising tide is heard clearly  
The miracle happens: a beautiful child appears in the heart  
of a lotus flower  
One single drop of this compassionate water is enough  
To bring back the refreshing spring to our mountains and  
rivers.*

*..*

*Listening to the bell I feel the afflictions in me begin to  
dissolve  
My mind calm, my body relaxed  
A smile is born on my lips  
Following the sound of the bell  
My breath brings me back to the safe island of mindfulness  
In the garden of my heart, the flowers of peace bloom  
beautifully.*

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**One hour version for meditation:**