

Dissolving a Pandemic of Fear

[Dissolving a Pandemic of Fear](#)

by [Rosanne Lindsay](#), Naturopath, [Nature of Healing](#)

August 11, 2021

Have you been vaccinated against COVID but afraid of vaccine failure? Do you wear a mask, or two, for added protection? Do you fear being around others? Feeling pressured to get the jab to keep your job? Have you tested positive for COVID post-vaccination? Do you fear the virus is mutating into a Totalitarian dictatorship?

Everyday there is a new story, “news-story,” designed to cause confusion and fear. Confusion equals control. FEAR equals ‘false information appearing real.’

Where to turn? Who to trust?

What happens when the president of the U.S. advises [illegal, unlawful and discriminatory policies](#) that fall outside the law?

The rule is now simple: get vaccinated or wear a mask until you do. – [President Biden](#)

The answer? Know bad advice campaigns when you see them.

Bad Advice Campaigns

The bad advice campaigns began in early March of 2020, when “the experts” advised you to wear a mask to “flatter the curve.”

However, mask mandates did not flatten any curves. They only turned curves upside down.

Then, one day in January 2021, after nine months of gestating fear, you were told by “the experts” to get vaccinated to stop viral transmission, avoid death, that life would return to normal and the masks could come off.

However, masks did not come off, reports said COVID cases increased, and variants resulted.

...even if you've been fully vaccinated and protected from severe illness from COVID-19, you could have the Delta variant in your system and spread it to someone who isn't vaccinated. – [President Biden](#)

By June, in an about-face, the experts warned that COVID vaccines would not prevent COVID infections or death. You were told that a vaccinated person [could still get sick from the virus they just got vaccinated against](#). The first case showed up in April, 2021. By July, [125,000 vaccinated people tested positive for COVID](#) and 1400 of those have died.

Yes, some fully vaccinated people will still test positive, and some will show some symptoms of COVID-19. That's expected with almost every vaccine there is for other diseases. – [President Biden](#)

One major hurdle for COVID variants remains: there is no approved test to identify a COVID variant. If there is no delta variant test, then how exactly are people being diagnosed with a “delta variant’ or other variants?”

The problem is that the tests in question for detecting variants have not been approved as a diagnostic tool either by the Food and Drug Administration or under federal rules governing university labs – [PBS News, February 26, 2021](#)

We don't always know [the variant] when we do the regular tests,” Winter said. “We do that in epidemiological studies ...

The routine testing for COVID-19 will just tell you if you have the coronavirus. It doesn't tell you what strain you might have. – [Dr. David Winter, Director of Internal Medicine at Baylor Scott & White hospital in Dallas, July 22, 2021](#)

The media is deliberately seeding misinformation to the masses. Expect more confusion to come.

After December 31, 2021, the [CDC will withdraw its request to use the PCR Diagnostic Panel](#) for Emergency Use Authorization (EUA) first introduced in February 2020 for detection of SARS-CoV-2. Without PCR testing, blood tests will be the only available tests, which require weeks for a result. Will there be a new distraction, a new variant? A new vaccine? An alien landing?

With tests for COVID being neither approved nor valid, how can a [‘delta variant’ be “more contagious” and “make you sicker”](#) than its parent virus when coronavirus cannot be verified?

It cannot.

Don't be duped. With no real proof of a true source of infection, it is fear and growing vaccine reactions that are responsible for pandemic cases and deaths. If the reports prove anything, they prove that we are all casualties of an informational war that will result in potentially millions of deaths, due to collective human ignorance. The goals of misinformation can be found in the 10 messages of [The Georgia Guidestones.](#)

Spike In Vax Reactions

The blatant contradiction is that injectable products, sold as “safe and effective,” come with no proof of safety or effectiveness. The experimental mRNA vaccines produce a spike protein in your body, a known toxin, which [spikes a cytokine storm](#) with unpredictable results. The CDC reports a Russian

Roulette of symptoms, ranging from anaphylaxis, to [heart palpitations, blood clots, and death](#).

After the mRNA is delivered to a cell, it [instructs the cell to produce the SARS-CoV-2 spike protein](#) to elicit an immune response. Some of the known [direct health effects of the injected Spike protein-laden vaccine](#) include:

- o Heart failure, heart injury, heart attack, myocarditis (Chen et al., 2020; Sawalha et al., 2021)
- o Pulmonary hypertension, pulmonary thromboembolism and thrombosis, lung tissue damage, possible pulmonary fibrosis (McDonald, 2020; Mishra et al., 2020; Pasqualetto et al., 2020; Potus et al., 2020; Dhawan et al., 2021)
- o Increased venous and arterial thromboembolic events (Ali and Spinler, 2021)
- o Diabetes (Yang et al., 2010; Lima-Martinez et al., 2021)
- o Neurological complications, including encephalopathy, seizures, headaches, and neuromuscular diseases. Also, hypercoagulability and stroke (AboTaleb, 2020; Bobker and Robbins, 2020; Hassett et al., 2020; Hess et al., 2020)
- o Gut dysbiosis, inflammatory bowel disease, and leaky gut (Perisetti et al., 2020; Zeppa et al., 2020; Hunt et al., 2021)
- o Kidney damage (Han and Ye, 2021)
- o Impaired male reproductive capacity (Seymen, 2021)
- o Skin lesions and other cutaneous manifestations (Galli et al., 2020)
- o General autoimmune diseases, autoimmune hemolytic anemia (Jacobs and Eichbaum, 2021; Liu et al., 2021)
- o Liver injury (Roth et al., 2021)

State governments ended previous illegal mandates due to a criminal complaint filed by Randall Kelton in Texas court against Governor Abbott. See the [Governor Criminal Complaint](#). However, the role of magistrate then passed to corporations and [employers who claimed they could mandate](#) you, as an employee, to get the Emergency Authorized Use (EAU)

medical product (vaccine) that did not have FDA-approval.

Do you trust experts who began a pandemic with bogus cases? New “surges” are spreading in vaccinated populations. Did the vaccines fail? Have they failed before?

‘Primary Vaccine Failure’ in Highly Vaccinated Populations

Disease outbreaks in highly vaccinated populations are nothing new. As expected, disease is spreading among vaccinated people in highly vaccinated populations, expressing the disease as what [experts call ‘breakthrough infections’](#), or [covariants](#).

In the 1980s, several measles outbreaks in highly vaccinated populations were documented worldwide. [One 1987 study in an Ontario High School](#) showed a 98% vaccination rate, with many twice vaccinated. Similar results were found in [100% vaccinated school populations](#) in the U.S. In the 1980s, breakthrough infections were called “[primary vaccine failure.](#)”

Outbreaks in large school populations [continued to happen in 2011](#), See my articles, [Fear of Measles, Real or Fabricated](#) and [Ongoing Disease Outbreaks in Highly Vaccinated Populations](#).

Fast forward to July 2021, when the CDC again shifted 180-degrees in its message to recommend that [fully vaccinated people should continue to wear a mask](#) because the unvaccinated could put the vaccinated at risk of infection. This logic is the same as requiring you to wear a raincoat to keep someone else dry, or exercise for others so they can lose weight. Vaccine failure is no longer mentioned.

However, just as the media began to target healthy people, the reporting reversed again, warning that [vaccinated people are spreaders of COVID and its variants](#). Most recently:

- The CDC [updated its guidelines](#) to recommend masks indoors [for fully vaccinated people](#).

- The CDC said the [Delta variant makes it easier for vaccinated people to transmit](#) the virus.
- The CDC claimed that vaccines remain highly effective at preventing severe disease, no matter the covariant.

Yet, [Moderna just declared its vaccines are failing and everyone needs a third booster!](#)

The “experts” will always advise everyone to get vaccinated voluntarily, even as there is a global die-off of recipients being test animals to experimental vaccines. “Get the booster. Get all the boosters!”

Insurance Companies Off The Hook

Because of the uncertainties from unauthorized tests and experimental vaccines, [insurance companies in India](#) and [Korea are limiting](#) what they will cover if someone becomes sick from the COVID injections. They write:

Contrary to popular perception, existing health insurance policies are unlikely to cover the cost of vaccination and adverse reactions, if any. Only policies designed purely for the COVID vaccination process – there is none at the moment – will cover the costs.

Regarding concerns about the reported asymptomatic spread of COVID, the W.H.O stated, [on June 8, that asymptomatic transmission appears to be “very rare.”](#) They received this information from the epicenter of the pandemic, China, and failed to release it to the public.

Wuhan scientists conducted a major study in Wuhan China, where the problem began, involving almost 10 million people, and found zero cases of asymptomatic transmission. See [the Study, not reported to the public.](#) What U.S. insurance companies will do remains to be seen as news breaks out, along with new variant surges.

Treatments Vs. Healing

These are historical times. It's the time to dissolve the pandemic of fear and liberate yourself.

First, it is important to know there is a difference between treatment (vaccination) and healing (immunization). The former is synthetic with no guarantees. The latter is natural and proven by the you, the healer as you heal yourself. Just as each healer heals him/her self, each liberator, liberates her/himself.

Since April 2021, the FDA has only approved one treatment, an [antiviral drug called Veklury](#), widely known as remdesivir, a toxic treatment for a wide array of COVID symptoms. Studies conclusively show [this drug to be ineffective](#). Other medical treatments include the drugs [ivermectin](#), which is used in Africa for parasitic infections, and [hydroxychloroquine](#). In combination with the mineral zinc, hydroxychloroquine is reported by some doctors to offer relief of COVID symptoms.

In April, 2021, the FDA warned, "using any treatment for COVID that's not approved or authorized by the FDA, unless part of a clinical trial, can cause serious harm." Following that announcement, the F.D.A. then [recalled 200,000 bottles of the approved O-T-C Acetaminophen Extra Strength tablets](#) due to liver damage.

As a group, synthetic drugs and vaccines [dismantle the body's immune system](#). Without an immune system, you are susceptible to be invaded by technology that is proven to be fatal. Instead of synthetic solutions, there are natural solutions. Zinc, alone, or [quercetin, a zinc ionophor](#), can offer relief to flu-like symptoms. This is because people with infections are deficient in zinc and other minerals. Their immune systems are out of balance to prevent infection and to push out toxins that lead to illness. When replenished with the right minerals, the body swings back into balance.

With many adverse effects of these vaccines now widely reported, such as [AstraZeneca confirming a link](#) between its shot and blood clots, and [18 countries suspending its vaccine](#), while other paused the use of the [J&J experimental shot](#), no one has a clear indication or information about the safety or effectiveness of the shots to make an informed choice. To inject or not to inject?

Dissolving Fear

Is your head exploding trying to make sense of the contradictions and inconsistencies from the experts in the media?

Fear not! When you know you are a spiritual being, you can dissolve all fear. You can awaken to truth.

Mandates are not laws. Unless a legislature passes a law requiring mass injections (which cannot happen due to problems with the solution), there is no requirement, and there never could be. Not participating in a medical experiment is a legal and lawful right because people have the right to refuse medical interventions.

People are discovering that they need only trust their own judgment when it comes to unproven medical products and politicians who practice medicine without a license. Especially since [vaccine makers are not liable for any damages from their products](#). You cannot sue vaccine makers for side effects or direct effects from their products. Neither will the government compensate you for any damages. Who is responsible for damages?

You are.

You came here with everything you need. Simply know who you are. Two Greek words carved on a temple in Greece are γνωρίστε τον εαυτό σας, meaning Know Thyself. Are you a body or a spirit with a body?

The strength and integrity of your spirit is matched only by your internal defense system, known as your innate immune system. Your immune system is the key to thwarting infections and invaders of all kinds. If you already survived the symptoms of 'COVID,' then you have already produced a stronger immune system. There is [no point in vaccination, as the Cleveland Clinic suggests.](#)

No injections are necessary because infections come and go naturally, as they have done throughout human history for centuries, long before vaccines were known or viruses were patented as 'real.'

There is no need to fear an infection in your body if you understand that your body heals itself if given the right tools, which are the tools of Nature. Once healed, your body becomes stronger because it has created antibodies that now guard your immune system against future invasions so that you never experience that particular natural invader again. You have created innate immunity that lasts a lifetime. A synthetic vaccine cannot do that.

Your body shows you symptoms as its sign language, to show you how to heal yourself because you are your own healer. Your symptoms are nothing to fear. Infections reflect mineral deficiencies, which cascade into other deficiencies.

Natural options to strengthen the immune system include adding minerals such as zinc, magnesium, iodine, boron, and selenium; herbs such as nettle, and goldenseal, and Elderberries; vitamins such as vitamin D, which your skin makes from the sun; and vitamin C from green onions made into soup, and Sumac berries, or White pine needles made into tea.

Natural healing options come from Nature, which is noninvasive and not patentable. Nature is freely offered right outside your door. You simply have to open the door and step outside to find a natural, free *pharmacy* at your feet.

The Power of Choice

Whenever there are uncertainties for your health, there must always be many choices in how you respond. **Choice is the solution**, along with ensuring that your immune system is nourished and strong. That is why there is never a one-size-fits all approach to health or freedom issues. All individuals are unique, so all solutions must be unique.

That is the essence of Health Freedom. Each person is endowed, by birth, with natural, Universal rights that are reflected in the Declaration of Independence. The Declaration reflects personal responsibility for your health, life, liberty, and the pursuit of happiness. Your health and life is reflected in your own innate immune system. By building your immune system to reverse the symptomatic language of your body, you connect to your higher powers, to your spirit.

It's been YOU all along. Others do not set themselves on fire to keep you warm or wear a raincoat to keep you dry. Others are not responsible for how you heal yourself.

The right and responsibility to decline any product or treatment is a birthright, especially when it comes to *your* body. Connect with who you are and let that be contagious.

A mandate to accept a medical product to keep your job is illegal. Mandates are merely offers that you can decline or refuse. No government, governor, employer or church can force or coerce or dictate any mandate since there is no law to follow or enforce, no legislation to point to. But there is guidance to protect your right to choose.

Five Solutions

1. One medical professional, known as Agent J, who continues to be employed as a nurse in a hospital, unvaccinated, after being mandated to get the shot, has

created a ***Right To Decline*** form to protect her freedom. She offers it freely for others. See her [Declination Statement](#).

2. The [RighttoRefuse.org](#) is a health freedom organization and website tracking legislation in 45 states that protect rights of individuals to make their own health decisions, including workplace coercion and banning vaccine passports. To date, 15 states have passed at least one Right to Refuse bill.

3. Review [Peggy Hall's videos and information to know what is legal and enforceable](#) and what is not.

4. Stop listening to the media. Validate the information you receive to get to a clean view of things, untainted by fear.

5. Don't play their war games!

In any war, it is incumbent that you make a plan. Whatever choices you make, there is no reason to be afraid of other people, since you decide what's best for you. It's your body, so it's your choice. Your body belongs only to you, and only you are responsible for what you put into it. You are not responsible for what others decide for their own bodies. Trust yourself!

And choose wisely.

See past related articles:

- [The Variant Ruse](#)
- [The Variant and The Vaccine](#)
- [When Side Effects Are Direct Effects](#)

Rosanne Lindsay is a Naturopath, writer, earth keeper, health freedom advocate and author of the books [The Nature of](#)

[Healing, Heal the Body, Heal the Planet and Free Your Voice, Heal Your Thyroid, Reverse Thyroid Disease Naturally.](#)

Rosanne Lindsay is [available for consultation](#) through Turtle Island Network. Subscribe to her blog at natureofhealing.org.

[Connect with Rosanne Lindsay](#)

cover image credit: [artbykleiton](#) / pixabay