

# Dolores Cahill: How to Prepare for What Is to Come – Step Back, Don't Conform, Walk Away, Create Strong Communities

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[Dolores Cahill: How You Can Prepare Yourself for What is to Come](#)

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Dr. Dolores Cahill is an Inventor and has been granted and licensed patents in Europe, USA, and worldwide with applications in improving the early accurate diagnosis of disease (autoimmune diseases & cancer). Since 2020 she has been working to defend our inalienable rights and freedoms. She is investigating the aspects of the current covid drama which led to the founding of the World Doctor Alliance and the World Freedom Alliance.

The interviews discuss Dr. Cahill's career and how it has been affected by the established power structure and the methods used to quell dissidents and sane critical thinking.

## **Lockstep Crises and the Controlled Society**

Dolores Cahill says that most crises such as food shortages, shockingly high prices, climate change, inflation, never-ending virus pandemics (including adverse reactions to poisonous injections), and wars between nations are different ways for the power to control society by using fear and misleading narratives.

The power creates a parallel societal and economic structure with its own rules, laws, and functions. This structure – by using the crises – seeks to undermine people’s natural rights and freedoms such as freedom of speech, freedom to travel, work and meet, and maintain bodily integrity. This negative process has no end. Cahill says that the current agenda starting in 2020 will end in 2025.

Their aim is to create new generations that have no experience, knowledge, or memory of natural free life. They can’t halt their agenda or else they will be held accountable. So what we must expect are new planned “pandemics” as soon as this autumn. These coming attempts aim to further isolate individuals and families and shorten their life expectancy. Everything will be taxed and they will use taxation in order to make and keep you poor and dependent.

Dolores Cahill experienced how her projects were hit by powers that tried to strangle their enterprises by taking down their websites and social media accounts as well as Paypal. She also revealed – in another meeting – how an insurance company stopped an airplane provider from leasing out their planes to Freedom Travel Alliance.

## **Step back – Don’t conform – Walk away – Create strong communities**

The most important thing for people to do is to step back and unplug from the propaganda machinery for a while and start regarding the world scene as something theatrical played out

through mass media and social media. Cahill mentions how an individual can create income from a simple online information channel.

What the powers structures seem to fear the most is people all over the world taking control of their own lives and creating self-sustainable and strong communities.

Cahill says people generally are poisoned by chemicals and toxic metals from food, beverages, and injections and need to detox in order to recapture their natural health.

Knowledge about the elite powers and their agenda is an extremely important parameter in order for people to take back their power. Attention and awareness about the theatrical play are crucial elements for success. People need to understand they are dealing with grossly criminal individuals in power.

Cahill says, that stepping back and away from the control grid decreases the fear of the attempts to control our lives and behaviors. People will demand accountability, and start new media outlets and information sources, new laws, a new money system, and new regulations. They will say no to disinformation and propaganda. They will find new ways to get an income. This means less or no dependence on the controllers and the controlled society.

Every individual need to understand that the control society once in place will give no room for natural freedom for their kids in the generations to come. So everyone needs to start dedicating one hour a day to make sure we all have a bright future. Think and act locally.

It's not even necessary to fully investigate the current criminal and corrupt system. It's better to build a new more healthy system, she says. Bartering is a good example. It's legal. Cahill says that the money you have on your account is really your invested time, productivity, and genius.

This also means that we should think more carefully about where we spend our money. We should only give our money to other entities that respect our freedom, health, and integrity. These entities represent everything from banks to coffee shops. Don't go to companies that demand face masks or injections etcetera.

Many individuals together and small communities can do this if they organize and help each other. There is space for innovations and creativity. In just a generation things can turn better, she says.

Dolores Cahill ([Profdolorescahill.com](http://Profdolorescahill.com)) is active in or supporting many projects aiming to build a better society:

- [World Freedom Alliance](#)
- [World Travel Alliance](#)
- [World Doctor Alliance](#)
- [Freedom Travel Alliance](#)
- [Custodean.com](#)
- [World Council for Health](#)
- [Doctors for COVID Ethics](#)

**[Torbjorn Saspersson](#)** (Sweden) is the founder and editor in chief. He works together with Sanja R. Juric in the editorial office and Aga Wilson with [Aga Wilson Show](#).

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