

# Dr. Zach Bush: The Virome | Understanding the Fabric of This Life, Clarifying the Role of Viruses

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## [The Virome](#)

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***What is the virome and how and why is it produced by the microbiome and human cells?***

***In this 35 minute video, Dr. Zach Bush, M.D. elaborates on critical distinctions pertinent to human and planetary health as we look for solutions to respond to pandemic and endemic viruses.***

***Learn how viruses have made the adaptive and resilient life that is exemplified in the mammals of our epoch, and how the toxins we've introduced on a massive scale create extinction level stress on the planet and ultimately destroy the fabric of this life within and around us.***

*Ending the cycle of pollution is key to human and planetary health.*

*Even though it may seem daunting, there is so much we can do to overcome these challenges and co-create a better future for our global community.*