

Freud, the Hypnotism Hoax, and Freedom

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[Source](#)

Here's a quote from my manuscript in progress, *The Magician Awakes*: "Hypnosis can be looked at as a metaphor for every kind of control, where the target is unaware that he is being manipulated. He thinks he's simply receiving information. He thinks he's experiencing his only possible emotions. He even believes he can't create anything, he can only absorb or remember. He doesn't see that he has freedom. For him, freedom simply means no one is overtly telling him what to do...

In 1919, Freud wrote, "...the application of our therapy to numbers [of patients] will compel us to [use]...direct [hypnotic] suggestion."

This was Freud's solution to the years it would take to do psychoanalysis on each patient. Hypnosis would make things go quicker.

Jack True, by far the most brilliant hypnotherapist I've ever encountered, stopped doing that kind of work. He told me, "I realized new patients walking through my door were already hypnotized, and my job was to wake them up."

This is the crux. No matter what positive changes a hypnotherapist may appear to be making in his work with people, everything funnels back to the fact that the suggestions for improvements are coming from him, the therapist, and not the patient. All the directions and suggestions and commands are invading the door of the

patient's mind from an external source, who is The Authority.

Therefore, the patient is really substituting a new authority for all the old authorities who had been shaping his life and consciousness.

Life and freedom are involved with the struggle to throw off and get rid of authorities. Of course, many authorities will dispute this statement. They have to. They exist on the basis of their power over others. Without that power, they would fall into a void of despair.

Following sensible laws, being considerate of others, refusing to encroach on others' freedoms mean nothing unless they emanate from a person's own free choices.

A society of obedient people, who are acting on a basis of surrender, is doomed. A society of nice and kind and agreeable people, who are acting on a basis of surrender, is doomed.

It's no surprise that Freud's nephew, Edward Bernays, the father of modern public relations, took his uncle's statement to heart. For Bernays, the group was everything, and the group had to be hypnotized by ceaseless propaganda in order to know how to live.

Why? Because Bernaysians believe that beneath conditioning in the human being, there is...nothing.

For them, there is no such thing as freedom. There is no center of inherent power in the individual that is directly linked to free choice.

We are all robots awaiting our marching orders.

And this defines the real battle of our time. Submit to "the Good and True," or live free.

Our so-called leaders, using all their persuasive force, are busy exhorting us to do this or that, for the greatest good of

the greatest number. These criminals are bent on reprogramming us. Of course, they employ attractive ideals as banners, but behind these ideals they are only interested in obtaining obedience and surrender. If devotion to Mickey Mouse worked more effectively than "love thy neighbor," they would all be wearing Mickey Mouse suits.

Can a person be hypnotized into being happy? The answer is yes, if happiness means putting on a smiling mask. All sorts of surfaces can be induced by hypnotic effects. But underneath the mask sit the roiling emotions of the prisoner.

Consensus reality and the status quo are entirely composed of trance-elements. The problem is not a lack of ideas. Ideas are a dime a dozen. The problem is, how to wake up. And what does waking up mean?

It means asserting one's freedom, and then using that freedom to imagine and invent new realities. No amount of hypnotism is going to make that happen.

Believing in Something that tells you what to do doesn't work. That's self-hypnotism.

Really knowing what consensus reality is, is achieved by creating your own independent realities. Then you can compare and see the con and the hoax and the hypnotism.

Hypnotism as therapy is a perfect joke. It uses what has driven the patient into confusion and passivity in the first place to cure him.

Here's another quote from my work in progress, *The Magician Awakes*: "Imagine an argument about what happiness consists of. Two people are having that argument. Now, along comes a hypnotist and puts both people in a trance. He then plants a suggestion in both of them. He suggests they are already happy. He believes this is the best way to resolve the argument. Why bother to debate when he can make both people

happy? This is the path our leaders are taking, as they manufacture the future. They don't see it as a shortcut. They see it as simply replacing one mental state with another, replacing one molecular configuration in the brain with another. As far as they're concerned, everyone should be suggestible. Those who aren't are a potential threat. They need a deeper form of hypnosis, to reach 'their hidden center of suggestibility.' This is the medical model.

"Then there is the New Age religious model. Everything is OK. The universe delivers happiness. No need to think. Just connect with the universe. In this case, 'the universe' is the benevolent authority and the hypnotist. Tune into the universe's suggestions. In this model, the individual's freedom is really seen as a bothersome impediment to acceptance and happiness. Freedom is just resistance to inevitable happiness. Therefore, surrender. Surrender to the big con and the big hoax and the big hustle."