

Let Go of the Reins

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by [Zen Gardner](#)

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*Let go of the reins, the horse it knows better
Stop yanking and cranking, to all you go getters
You are the rider, with barely control
Force if you will, but you'll pay the toll*

*Let go of the rudder, the ship knows its way
I know, that takes trust, life's lesson at bay
"Trust in the sea, that tumultuous pest?"
Here's where the problem starts, and should rest*

*Control's an illusion that's determined to fail
Though our programming tells a so different tale
We try and we push in persistent illusion
For what, may I ask? This world of confusion?*

We follow on, in control's paradigm

A reaction rehearsed, and something to mime

Look only to nature, its natural flow

Some adaption perhaps, its rhythm to know

But don't force the ship, the horse, or the life

There are currents to follow and allow without strife

"Relinquish control? It must do what I tell!"

That my dear friend is the voice out of hell.



Zen Gardner is an impactful and controversial author and speaker with a piercing philosophical viewpoint.

His writings have been circulated to millions and his personal story has caused no small stir amongst the entrenched alternative pundits. His book *You Are the Awakening* has met rave reviews and is available on amazon.com. *You Are the Awakening* examines the dynamics of the awakening to a more conscious awareness of who we are and why we are here – dynamics which are much different from the programmed approach of this world we were born into.