

Mask Madness – The Death of Science

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by [Dr. Mark Sircus](#)

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If you wanted to grow up to be a mass murderer, destroyer of health and happiness, if you wanted to inflict maximum harm on the entire human race, what profession would you choose? Besides being a CEO of a big pharmaceutical company like Pfizer or a maniac like Gates, the perfect job description with the ability to do the most harm would be a public health official.

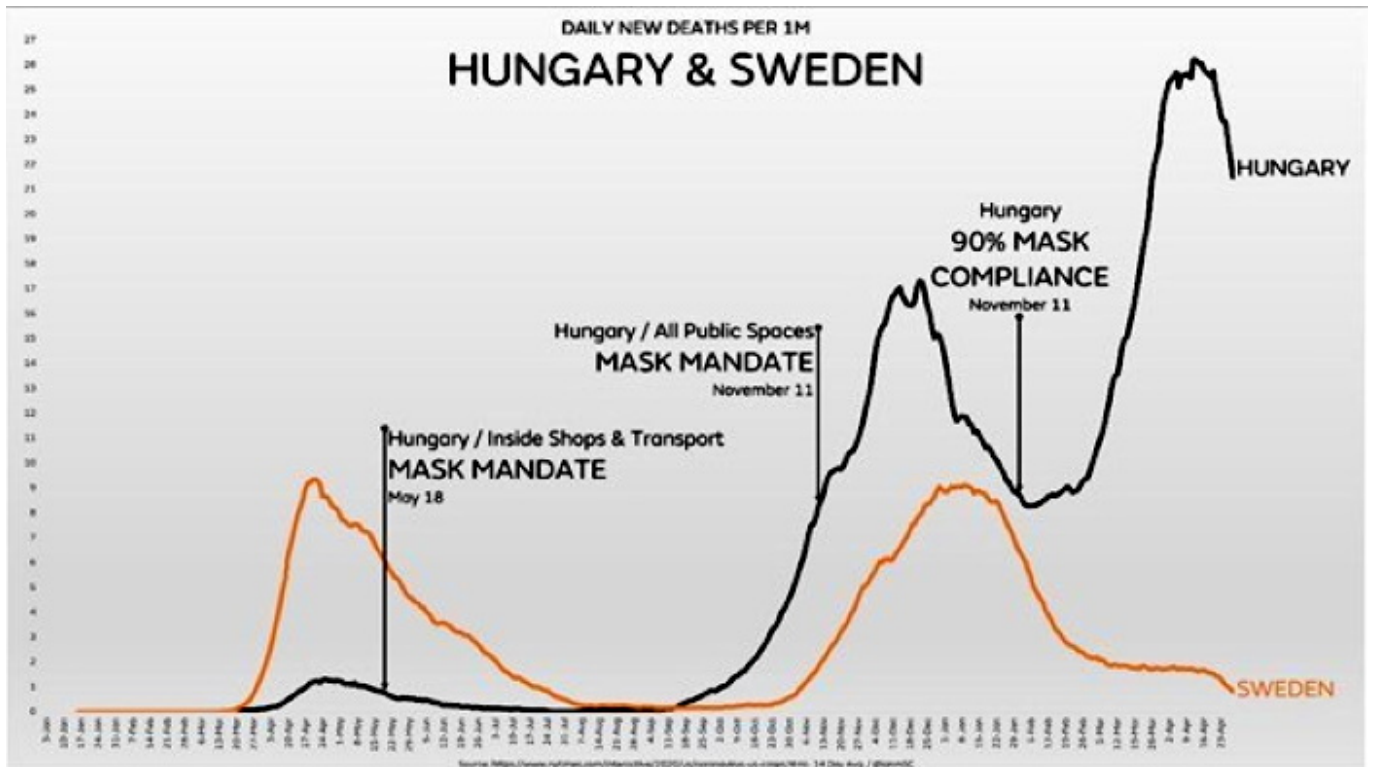
A group of men and women executed a plan under development for decades to drive people's health into the toilet. Terrorists without equal, they have armed themselves with the tools to attack the very foundations of life and health. They have deprived people, en masse, of the life/health-giving rays of the sun (depressing vitamin D levels) with their lockdowns.

[Top German scientists: chemical cocktail found in some face masks.](#)

[Quebec: Potentially toxic masks distributed in schools and daycares.](#)

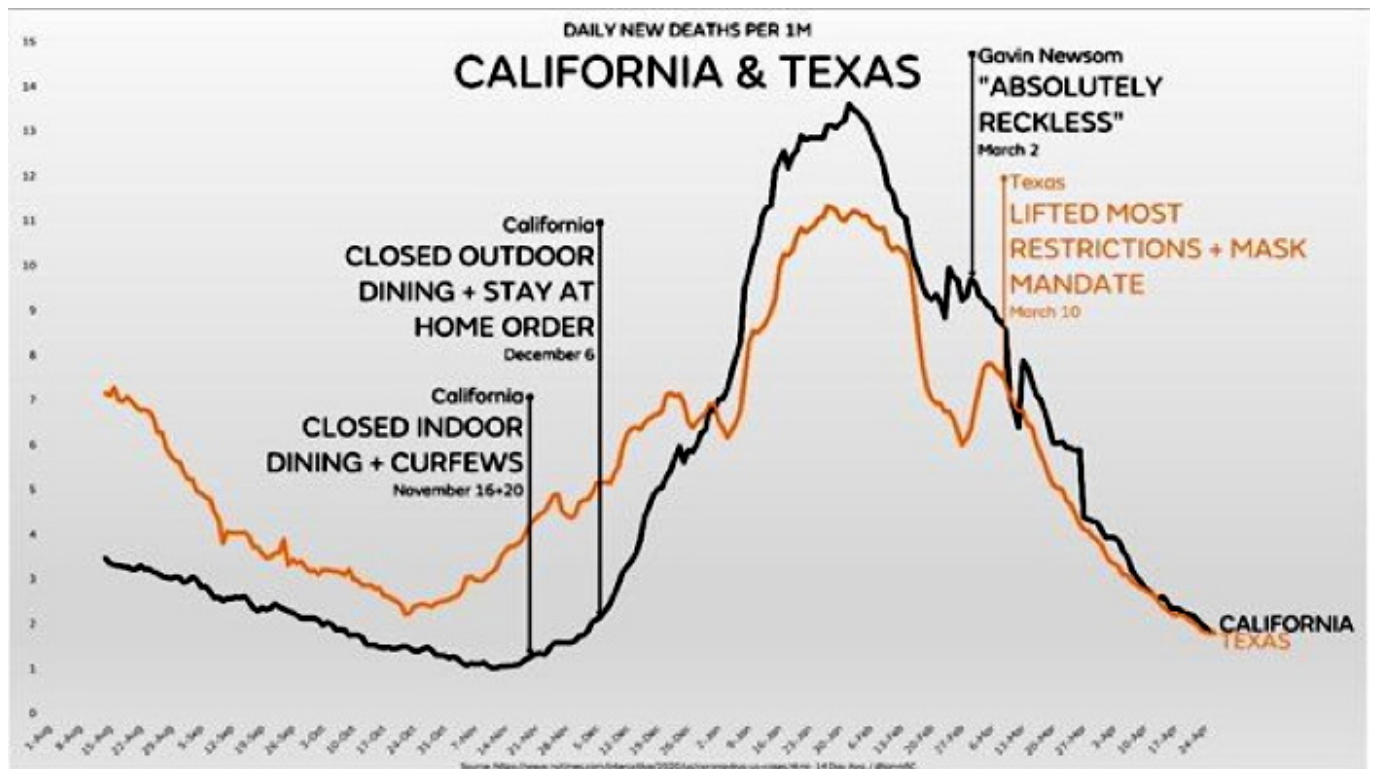
Through wearing masks, public health officials forced practically the entire human race into hypoxic breathing conditions. Wearing a mask reduces the oxygen we breathe in and increases the CO₂ intake. Masks are muzzling suffocation devices that science says are causing great harm. Public health officials and the politicians who ride on their coattails have not the slightest interest in science about

masks or vitamin D., And they cannot admit they were wrong, dead wrong even when science tells them they are.



Which party has imposed the most brutal, economy-eviscerating lockdowns and the most punitive mask mandates, while steadily ratcheting up the fearmongering at every opportunity? [Mike Whitney](#)

Since the beginning of COVID, we were told to “listen to the public health experts.” Dr. Fauci, Rachel Levine, Tedros Adhanom, Bill Gates (who pretends to know something about medicine), and groups like the CDC, WHO, Gates Foundation, Imperial College, etc. These people and organizations are supposedly the best resources out there for dealing with pandemics and disease spread, **but it turns out they are the worst.** They got it wrong on just about everything, and the price in terms of suffering and even death is astonishing.



[The States Without Mask Mandates Have Lower COVID Rates](#)

The number of new Texas COVID cases has dropped to record lows on the year in the weeks since the state moved to scrap mask mandates, despite hysterical warnings from mainstream media and the Biden regime that ditching the masks would result in mass casualties. One has to wonder about the scale of the harm done to the public with mask mandates. The science presented below begins to answer, but when you read that some want to have two-year-olds wearing masks, we deal with exceptional stupidity, cruelty, or both.

If you think my languaging is overstrong or that I am overblowing the case, read John Whiteheads's words, "I have studied enough of this country's history—and world history—to know that governments (the U.S. government is no exception) are at times indistinguishable from the evil they claim to be fighting, whether that evil takes the form of [terrorism](#), torture, [drug trafficking](#), [sex trafficking](#), murder, violence, theft, [scientific experimentations](#) or some other [diabolical means of inflicting pain, suffering, and servitude on humanity](#).

Don't think that everyone is passive about masks. [People all over are demonstrating against mask mandates.](#)

The Science – Facemasks Worse than Useless



A recent Stanford study showed that masks do absolutely nothing to help prevent the spread of COVID-19, and their use is harmful. The data suggest that both medical and non-medical facemasks are ineffective in blocking the human-to-human transmission of viral and infectious diseases such as SARS-CoV-2 and COVID-19. Wearing facemasks has been demonstrated to have [substantial adverse physiological and psychological effects](#).

These include hypoxia, hypercapnia, shortness of breath,

increased acidity and toxicity, activation of fear and stress response, rise in stress hormones, immunosuppression, fatigue, headaches, a decline in cognitive performance, predisposition for viral and infectious illnesses, chronic stress, anxiety, and depression. Long-term consequences of wearing a facemask can cause health deterioration, development and progression of chronic diseases, and premature death.

[A peer-reviewed study](#) published by the International Journal of Environmental Research and Public Health (IJERPH) in the Multidisciplinary Digital Publishing Institute (MDPI) last week and entitled [Is a Mask That Covers the Mouth and Nose Free from Undesirable Side Effects in Everyday Use and Free of Potential Hazards?](#) concludes that “extended mask-wearing by the general population could lead to relevant effects and consequences in many medical fields.”

Effects of mask-wearing examined in the study include an increase in breathing resistance, increase in blood carbon dioxide decrease in blood oxygen saturation, increase in heart rate, decrease in cardiopulmonary capacity, feeling of exhaustion, increase in respiratory rate, difficulty breathing, and shortness of breath, headache, dizziness, feeling of dampness and heat, drowsiness (qualitative neurological deficits), decrease in empathy perception, impaired skin barrier function with acne, itching and skin lesions.

Gates, who pretends to be smarter than everyone, thinks there is no downside to wearing masks. He must be right, and science is wrong. Back to the dark ages is what COVID, Bill Gates, Fauci (I hate to call him a doctor), and the World Health Organization has brought us. Gates does not have the intelligence to understand why people resist wearing masks. Both he and his wife believe, **“Every single person should be wearing a mask without exception.”** Fauci and the CDC want us to wear two masks to double the trouble with mask side-effects, which can be quite severe.

Who should we believe, medical scientists at Stanford or the Gates? Nick Dearden, executive director of Global Justice Now, characterized Gates' remarks – and the ideological framework behind them – as “disgusting.” “Who appointed this billionaire head of global health?” [asked](#) Dearden. “Oh yeah, he did.”

The pore size of cloth face coverings ranges from ~ 20-100 microns. The COVID virus is 200-1000x smaller than that, at 0.1 microns. Putting up a chain-link fence will not keep out a mosquito. Even the most esteemed medical journals admit their purpose is to calm anxiety. “Expanded masking protocols' greatest contribution may be to reduce the transmission of anxiety,” writes Dr. Simonie Gold.

The publication of a long-delayed trial in Denmark was one of the first current studies in the Age of COVID to pour cold water on masks. The '[Damask-19 trial](#)' was conducted in the spring with over 6,000 participants when the public was not being told to wear masks, but other public health measures were in place. Unlike other studies looking at masks, the Danmask study was a randomized controlled trial – making it the highest quality scientific evidence.

In the end, there was no statistically significant difference between those who wore masks and those who did not when it came to being infected by Covid-19. 1.8 percent of those wearing masks caught Covid, compared to 2.1 percent of the control group. As a result, it seems that any effect masks have on preventing the spread of the disease in the community is small.

Older Science Confirms Masks Are Worthless

A May 2020 [meta-study on pandemic influenza](#) published by the US CDC found that face masks had no effect, neither as personal protective equipment nor as a source control.

A [July 2020 review](#) by the Oxford Centre for Evidence-Based Medicine found that there is no evidence for the effectiveness

of cloth masks against virus infection or transmission.

A Covid-19 [cross-country study](#) by the University of East Anglia came to the conclusion that a mask requirement was of no benefit and could even increase the risk of infection.

An [April 2020 review](#) by two U.S. professors in respiratory and infectious disease from the University of Illinois concluded that face masks have no effect in everyday life, neither as self-protection nor to protect third parties (so-called source control).

An article in the *New England Journal of Medicine* from May 2020 came to the conclusion that cloth face masks offer [little to no protection](#) in everyday life.

A [July 2020 study](#) by Japanese researchers found that cloth masks “offer zero protection against coronavirus” due to their large pore size and generally poor fit.

A 2015 study in the British Medical Journal BMJ Open [found that](#) cloth masks were penetrated by 97% of particles and may increase infection risk by retaining moisture or repeated use.

Oxygen Deprivation

In Massachusetts, people are fined if they are not wearing masks outdoors – even children as young as five are forced to do so by law. In some places like Michigan the governor wants children as young as two. She should be brought up on charges of serial child abuse.

Eric Toner, a senior scholar at the Johns Hopkins Center for Health Security, one of the inside organizations for pandemic planning, said, “I think that mask-wearing and some degree of social distancing, we will be living with – hopefully living with happily – for several years.” The original title of this essay was ‘Psychotic Belief in Masks.’ Toner certainly qualifies in terms of being psychotic about masks.

Requiring [children](#) to wear [masks](#) does more harm than good, Dr. Jay Bhattacharya, a professor of medicine at Stanford University, told The Epoch Times. Bhattacharya advised Florida Gov. Ron DeSantis not to make children don face coverings.

What will be the effect will be of depriving oxygen to billions of people for years? How happy will that make people? Or inhaling dangerous amounts of CO₂, what is that going to do to peoples' health after several years or even after only a few weeks or months.

In one study, researchers examined the blood oxygen levels in 53 surgeons using an oximeter. They measured blood oxygenation before surgery as well as at the end of surgeries.⁴ The researchers found that the mask reduced the blood oxygen levels (paO₂) significantly. **The longer the duration of wearing the mask, the greater the fall in blood oxygen levels.**[\[1\]](#)

A drop in oxygen levels (hypoxia) is associated with an impairment in immunity. Studies have shown that hypoxia can inhibit the type of primary immune cells used to fight viral infections called the CD4+ T-lymphocyte. This occurs because the hypoxia increases the level of a compound called hypoxia-inducible factor-1 (HIF-1), which inhibits T-lymphocytes and stimulates a powerful immune inhibitor cell called the Tregs.

Decreasing the amount of oxygen people breathe by forcing people to wear masks is cruel and medically stupid. Under the mask, O₂ readings drop from a regular 21 to an unhealthy 17.5, ringing the alarm of the official OSHA devices that measure such things. No one has mentioned or measured what happens when two masks are simultaneously worn.

The usual amount of CO₂ in the air is approximately 400 ppm. When measured around the nose or the mouth, it would be higher. But wear a mask, and concentrations shoot up into

thousands of ppm. This is not healthy! Carbon dioxide in the air we breathe usually is at 0.0390 percent. When we breathe out, it is 4.0 percent.

The minimum oxygen concentration in the air required for human breathing is 19.5 percent. Approximately 78 percent of the air we breathe is nitrogen gas, while only about 20.9 percent is oxygen. The Occupational Safety and Health Administration, OSHA, determined the optimal range of oxygen in the air for humans runs between 19.5 and 23.5 percent.

Not Enough Oxygen: Side Effects

Serious side effects can occur if the oxygen levels drop outside the safe zone. When oxygen concentrations drop from 19.5 to 16 percent and engage in physical activity, your cells fail to receive the oxygen needed to function correctly. So wearing masks is not indicated for any reason because masks represent slow suffocation. Not quite as bad as strangling a person or killing them outright by completely cutting off their breath, but across the board, health will be depressed, and death from all causes will increase.

In Oregon, a high school track coach, Dave Turnbull, called for an end to rules mandating mask-wearing during the competition after one of his student-athletes collapsed from "complete oxygen debt." Track star Maggie Williams was running the 800-meter race when *she collapsed to the ground* just meters short of the finish line.

Psychotic Beliefs in Masks

A vast swath of the populace has a borderline psychotic belief that a thin piece of cloth will save them from COVID flu, which will not kill 99.9% of Americans. One clear example of mask-induced mental illness is seen in a report that an extremely tolerant, mostly peaceful journalist named [Kurt Eichenwald wanted to beat an anti-masker to death](#). He tweeted: "It's at a moment like this that I want to find an anti-masker

and beat them to death. Since they believe they have the right to kill others, they have surrendered any right to object.”

The CDC is on record about masks– [“14 randomized controlled trials did not support a substantial effect on transmission.](#) There is limited evidence for their effectiveness in preventing influenza virus transmission either when worn by the infected person for source control or when worn by uninfected persons to reduce exposure. Our systematic review found no significant effect of face masks on the transmission of laboratory-confirmed influenza.”

More Mask Madness – Governments and Police Loose It

A judge at the Weimar District Court, Christian Dettmar, had his house searched today. His office, private premises, and car were searched. The judge’s cell phone was confiscated by the police. The judge had made a sensational decision on April 8, 2021, which was very inconvenient for the government’s anti Coronavirus measures policy.

[Masks could be delaying development among babies.](#)

At the suggestion of a mother, the judge had ruled in a child welfare proceeding pursuant to Section 1666 of the German Civil Code (BGB), Ref.: 9 F 148/21, that two Weimar schools [were prohibited with immediate effect from requiring students to wear mouth-nose coverings of any kind.](#)

Some places like [Oregon seek to keep COVID mask mandates’ indefinitely.](#)’

[American judges are removing children from parental custody for not wearing a mask.](#)

Spain has passed a new law forcing people to wear face masks everywhere outside and [even while swimming in the sea.](#) Yes, really.

A New York City judge has removed a 6-year-old girl from her

mother [because she did not wear a mask while dropping her off outside of the school.](#)

[The CDC Thinks 2-Year-Olds Should Wear Masks in Schools, Even If Everyone Else Is Vaccinated](#)

Who Cares About the Planet? Not Health Officials

Certainly not the FDA or Dr. Fauci. The planet may be facing a new plastic crisis, similar to the one brought on by bottled water, but this time involving discarded face masks. “Mass masking” continues to be recommended by most public health groups during the **COVID-19** pandemic, despite research showing masks do not significantly reduce the incidence of infection. As a result, it’s estimated that [129 billion face masks are used worldwide each month](#), which works out to about 3 million masks a minute. Most of these are the disposable variety, made from plastic microfibers.

[Connect with Dr. Mark Sircus](#)