

# Humanity's Reluctance to Becoming Free

The Best of the Solari Report 2018

*"We know today that man, essentially, is a being of light. And the modern science of photobiology ... is presently proving this. In terms of healing the implications are immense. We now know, for example, that quanta of light can initiate, or arrest, cascade-like reactions in the cells, and that genetic cellular damage can be virtually repaired, within hours, by faint beams of light. We are still on the threshold of fully understanding the complex relationship between light and life, but we can now say emphatically, that the function of our entire metabolism is dependent on light." ~ Dr. Fritz Albert Popp, The International Institute of Biophysics*

by Catherine Austin Fitts

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Why does the world seem so out of balance? I believe the primary reason is that so much of what is happening is kept secret – hidden behind the secret books and secret operations of banks and corporations under the umbrella of National Security. When I was in New Zealand in May, I interviewed **Amy Benjamin on *The Cost of Secrecy***. When family and friends ask "How could this be happening and we not know?" Amy gives us exactly what we need to explain how secrecy is engineered. How can the Deep State run the government and major operations and finances outside of the law? Here's how.

When I was in Europe last February, our videographer Robert

Dupper and I took a road trip from the Netherlands to Switzerland to interview [Present Age](#) publisher **Thomas Meyer** on ***The Future of Europe***. This is a wide-ranging conversation on how we build a human future. Thomas always provides an inspiring antidote to help restore and nurture our spiritual and cultural grounding.



I was in France this summer when several of us sat down to watch **Ulrike Granögger's** documentary for the [Solari Future Science Series](#), ***The Wave Genome – Quantum Holography of DNA***. This was a paradigm shifting experience for me. How could I be so ignorant of my scientific reality? If you have not watched *The Wave Genome* yet, here's your chance. This is invaluable intelligence that will open your mind and open your heart.

We are daily buffeted by a fundamental reordering of institutions and cultural wars encouraged by the establishment. Maintaining our coherence is an art form. I asked **Harry Blazer** who is the host of the [Solari Food Series](#) to join me for a discussion on how to live a free and inspired life and maintain coherence. One afternoon we sat in my den in Hickory Valley to record and ***Learning to Walkabout*** was the result.

Our four selections for the *Best of the Solari Report 2018* give you an opportunity over the holidays to connect with four of the most inspiring people I know. Enjoy!