

# Oregano Oil Inhibits Cancer Growth, Breaks Down Norovirus & Removes Warts

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by Jeanette Padilla

(NaturalNews) You may already be familiar with oregano. It's a warm and savory herb that adds great flavor to sauces in pasta or pizza. What you may not know is that the active component in this herb has impressive healing properties. The active component in oregano that is responsible for its health benefits is called carvacrol.

Carvacrol can effectively break down the tough outer wall of norovirus. Norovirus made news earlier this year when it was responsible for contaminating over 600 people on a Royal Caribbean ship. This isn't the first incident of norovirus for Royal Caribbean. This virus is highly contagious and a very common cause of food-borne illness. Although most infected people recover in about a week, it can have deadly consequences for those with already serious medical conditions.

Research led by Dr. Kelly Bright at the University of Arizona indicates that carvacrol could potentially be used as a food and surface sanitizer. Carvacrol's ability to break down the external proteins of the virus means that norovirus would be unlikely to ever develop resistance. Additionally, carvacrol is safe and non-corrosive. These findings are especially interesting, because they indicate that carvacrol could be applied as a safe surface sanitizer in place of bleach in schools, day cares, hospitals, rehab facilities and similar

institutions where norovirus is typically spread.

Some data clearly demonstrate carvacrol's anti-tumor effect on human metastatic breast cancer cells. The research showed that carvacrol expedites [cancer](#) cell death. This shows great promise in using the compound for cancer treatment. According to research by Dr. Supriya Bavadekar, assistant professor of pharmacology at Long Island University, carvacrol showed similar results when tested against human prostate cancer cells. "We tested carvacrol in various concentrations and for different time periods against human prostate cancer cells and were excited to see the complete inhibition of cancer cells," said Dr. Bavadekar.

One of the more common uses of [oregano oil](#) is its ability to safely remove warts. Oregano oil is very strong and can burn the skin if used undiluted. When using oregano oil for removing warts, make sure to dilute it in a carrier oil such as olive [oil](#) or coconut oil. Try mixing five drops of oregano oil in 20 drops of olive oil and carefully apply it on the wart using a cotton swab. Apply the oil mixture twice a day until the wart dries up and falls off on its own.

Learn more about oregano at [www.truthwiki.org/Oregano](http://www.truthwiki.org/Oregano)

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