

Reality is a User Interface

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In a brilliant presentation, with game changing ideas flowing faster than we can take them in, cognitive scientist Donald Hoffman describes the challenges both for science and for spirituality in the move towards a scientific theory of consciousness.

He shows the evidence that, in science's quest, mathematics has already begun to describe conscious experience. He spells out the preconceptions that will have to be reconsidered by scientists: the idea of third-person science, that space and time and objects are fundamental – and by nondualists: that scriptures and teachers can be sources of authority as well as inspiration. Science and spirituality working together, he says, can explore and understand consciousness.

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