

# Regenerative Farming: Finding Hope Amidst Devastation

by [Zach Bush, MD](#)

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Dr. Zach Bush shares the harsh reality of what farming families across the country are feeling today, desperate for a better way of doing things. The stakes are so high and the damage is so enormous yet there is still hope and a chance for a different future. This monologue serves as a reminder that we all have an opportunity to choose healing and regeneration.

<https://zachbushmd.com> <https://farmersfootprint.us>

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*“I cannot turn the tide in my clinics. I can’t shift the momentum by working with one cancer patient at a time. It’s far too slow and it’s not at the root of the cause. And so I look to these farmers to realize this salvation of human health.” ~ Zach Bush, MD*

*“Between 1996 and 2007 there was a complete reversal of our cancer map in the United States. To see an entire population respond in a single decade to a sudden explosion of cancer suggests that we did something **similar to Chernobyl.**”*

*We did some massive environmental injury that led to this explosive rise in cancer. And so we started, you know, looking into this understanding of **glyphosate** as an antibiotic.*

*Glyphosate became a commodity in farming in 1996. Before that it was used as a weed killer by homeowners and farmers alike. You know, had to be used sparingly because it **kills everything it touches**.*

*That was the history of this glyphosate Roundup chemical until 1996. And suddenly it became a crop treatment that actually functioned as an antibiotic, killing the bacteria and the fungi.” ~ Zach Bush, MD*

The film below features the trials, learnings and victories of the four generation Breitzkreutz family from Stoney Creek Farm transitioning from conventional farming to regenerative agriculture in Redwood Falls, Minnesota. Using conventional methods they saw their soils degrade and their input costs rise every year. Transitioning to regenerative practices has helped their row cropping operation and significantly reduced the input cost for their cattle.

**This film tells the story of how they did it.**

[Farmer's Footprint | Regeneration : The Beginning](#) from [Farmer's Footprint](#) on [Vimeo](#).

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