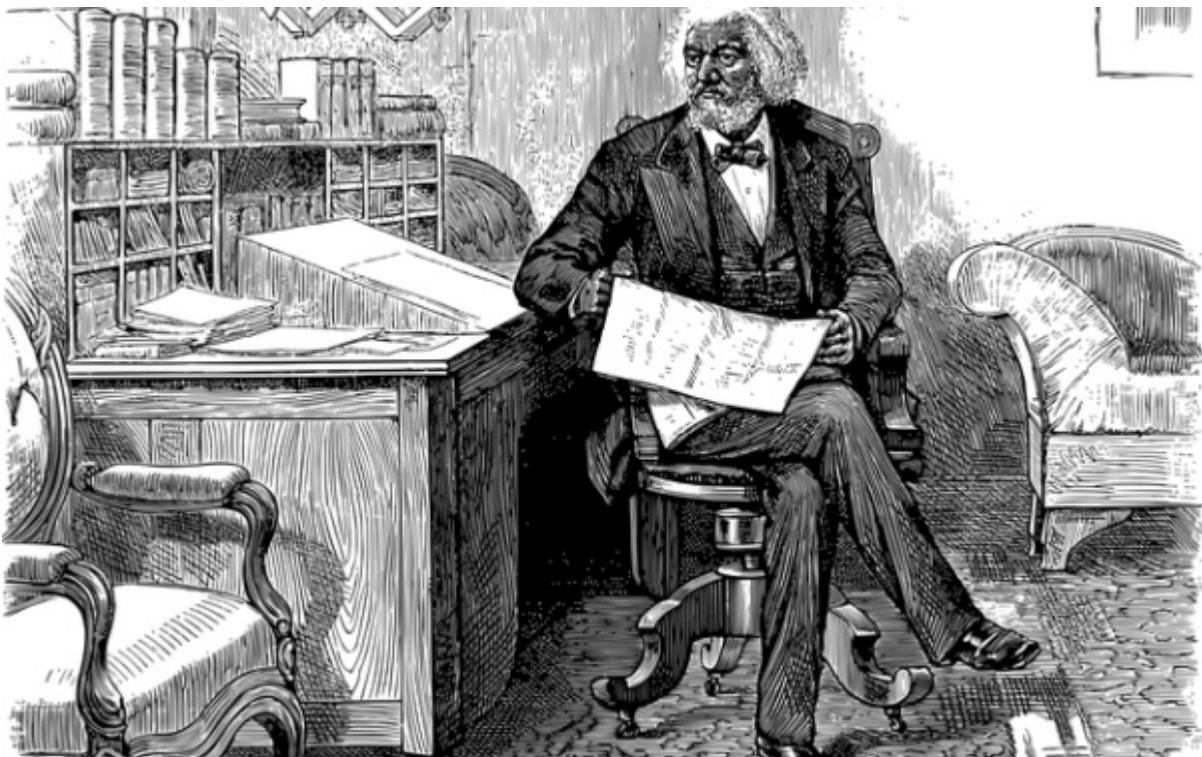


# Sanity, Harmony, Love, Amazement, and Freedom, Are Now the Hidden Side of Life: A Backward and Deranged State of Mind

Sanity, Harmony, Love, Amazement, and Freedom, Are Now the Hidden Side of Life: A Backward and Deranged State of Mind

by [Gary D. Barnett](#)

January 4, 2023



*“I have observed this in my experience of slavery,—that whenever my condition was improved, instead of its increasing my contentment, it only increased my desire to be free, and*

*set me to thinking of plans to gain my freedom. I have found that, to make a contented slave, it is necessary to make a thoughtless one. It is necessary to darken his moral and mental vision, and, as far as possible, to annihilate the power of reason. He must be able to detect no inconsistencies in slavery; he must be made to feel that slavery is right; and he can be brought to that only when he ceased to be a man."*

~ Frederick Douglass, [Narrative of the Life of Frederick Douglass](#)

What in the world has happened to the human animal? What has happened to man? Why is it acceptable to be lorded over, to be allowed to exist, to be told what to do and what not to do, to be metaphorically and in many cases literally chained by draconian mandates, to be restricted as to what to say and what not to say, and to be controlled by the malevolent dregs of society called 'leaders' and rulers? Is this the true nature of man, or is this deranged state of mind the creation of evil intent by those seeking the power to dominate others? This is a very important distinction, for if this weak and pathetic state of being is natural, then there is nothing that can remedy the misery of the ruled. But if it is a designed and contrived effect of long term indoctrination, dumbing down, and a propagandized conspiratorial plot, then it can be reversed, and therefore, this voluntary slavery could be eliminated in favor of mass freedom.

As was pointed out by [Jacob Hornberger recently](#), there was a time in our history when there was no income tax or IRS, no government welfare, no drug or medical laws, no immigration controls, few economic regulations and restrictions, no foreign wars, no passports, no three letter enforcement agencies, no government controlled markets, no foreign military bases, few if any government bureaucracies, little if any mandated 'public' schooling, no unbacked currency or

central bank, and absolutely no gun control. Things were certainly not perfect, nor was any utopia present, but better times did exist in this country, and people were for all intents and purposes, temporarily free. This was a superior time, and should be instructive of what could be, instead of what is today.

Has this society lost all of its intellectual capabilities, its desire to be free, and fully succumbed to a subordinate position, and therefore settled for a dependent level of existence? Have the masses voluntarily accepted the idea that life is serfdom, or is this a temporary phenomenon, and one that can be reversed? I would like to think in terms of the latter, but this current state of being gives my great pause, as the controlling system that exists in this country and the world is being allowed to continue its drive toward a technocratic dictatorship. This is a tragedy, and if accepted by the bulk of society as normal, all hope for freedom would simply disappear.

It seems we live in a time when the bulk of populations are on the verge of 'clinical' depression, are filled with hate, are divided in every aspect of life, are worried and troubled constantly, are in a continuous state of fear, are dissatisfied with all the good in life while concentrating only on anger and immediate gratification, are consumed by indifference, and have lost any ability to improve self in order to gain a more harmonious connection to the wonders that life has to offer. This is a sad state of affairs to be sure, and a stark realization that humanity is teetering on the edge of willing annihilation.

Regardless of all the strife, uncertainty, antagonism, moral decay, and psychopathic insanity that confronts us daily, it should be recognized that life goes on, and each of us has a responsibility to develop and strengthen his ability to survive and prosper, and to be independent, so as to find peace of mind. The most important aspects of life can never be

given to you, they must come from within, and cannot be experienced unless and until one is secure and satisfied with self. This is a mandatory aspect of growth that can lead to becoming a light for others. Without self-control, self-dependence, self-awareness, and self-confidence, love, family, compassion, empathy, and joy cannot be fully and truly experienced. To gain such a state of mind as this requires honesty and an unlimited acceptance of truth, regardless of risk.

Whining, complaining, cursing, lying, laying blame, dependence, voting, and begging for a master to grant you favors, will never be of any use whatsoever in any struggle to gain or retain freedom. Freedom cannot be given, it must be lived, taken, and forever defended. The founding of this country was structured in such a manner so as to present a false picture that rights are somehow tied to government parchment, which is a gross misrepresentation of fact. No rights come from any piece of paper, no rights can be secured by governments; for if that is so, then no rights ever existed in the first place. This is one of the most egregious misconceptions of duped Americans who have been inundated with the notion that some constitution is there to protect their freedom. It is not!

Yes, those who lived in this country in past times did have a much more free society than exists today, but even then, there were attacks against the sovereignty of the individual by the state. The aggression against liberty levied by the ruling class over time has increased greatly, but only because it was voluntarily allowed. Currently, little if any freedom has survived, and this is of course a planned outcome, that has been generally accepted by the herd. This atrocity can only be remedied by the masses themselves, not by a few, and not by the total, but by large numbers of willing participants (individuals) who will practice the negation of government and rule.

*“I am free, no matter what rules surround me. If I find them tolerable, I tolerate them; if I find them too obnoxious, I break them. I am free because I know that I alone am morally responsible for everything I do.”*

~ Robert A. Heinlein

**[Connect with Gary D. Barnett](#)**

*Cover image credit: [un-perfekt](#)*