

So What?

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by Zen Gardner

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So what about the latest so-called secret revealed?

Who wants to know?

And what is it we're looking for?

An answer? What exactly is the question? Do we even know?

And the big one again: Which "who" exactly wants to know? And why?

We think we'll finally get a handle on this thing called existence.

Really? Billions of books and millions of teachers

Do you see any difference being made?

To awaken? Then what? And what awakening exactly, and to what?

Isn't it all inside the same illusory bubble, designed to be exactly what it is?

Levels to nowhere. There is no summit, just endless climbing and spoutings

To where? It's all in the mind which is so easily misled.

Aren't we already where we are?

What's with all the angst and self effort?

Where is it taking us? Is humanity ever dying of improvements

When nothing essentially can be "improved" in the first place?

Especially when we haven't first accepted the way things are?

Maybe we're already complete, whole, and perfect.

Maybe we just can't see it due to distraction and fake, pride filled effort

Caught up in the rat race to nowhere we assume is the treadmill to jump on.

Where did it get any of them? Or us? Our age is the darkest

yet

When you look at the degree of deceit, control, death and suffering.

Who says there's cycles, or ice cream castles awaiting us?

Always striving in the maze, the hamster wheel to nowhere.

The better way is no way. Our starting and ending point is zero.

No self, what the ego dreads. It wants to play the game that isn't even real.

Oh, we can play anyway. That's what it's for. But while knowing what it is.

But taken so seriously? What the hell is wrong with us?

We missed the starting and ending gate that isn't even there.

We're willfully blind to the obvious – it is what it is what it is.

Is that so hard? Apparently. The pattern and futility are obvious.

But not in that blind state. When will humanity even begin?

Some tried to tell us. We killed them, or buried them in belief systems.

The real Truth totally blows the game wide open.

We don't want that. We want to think it's real.

Ignorance is ignoring. We're caught up in blatant self infatuation.

Our knowing and growing is an illusion. It goes nowhere, really.

Unless it leads us to real submission to Truth, real Truth. Not mind junk.

That takes humility and some serious self annihilation.

Mustn't go there. After all, that's the birthplace of all fear, loss of self.

We love fear in all its forms. We love reacting. It makes us think we have purpose.

That's the beauty and role of ever present death, a total gift.

The parentheses of birth and death we cleverly ignore.

We just gotta gotta gotta figure it all out. Again I ask, why?

We just can't let go, and simply trust.

But we will, sooner or later.

Why not sooner?

I really don't know. I'm in the same leaky boat.

Fun ride, eh?



Zen Gardner is an impactful and controversial author and speaker with a piercing philosophical viewpoint.

His writings have been circulated to millions and his personal story has caused no small stir amongst the entrenched alternative pundits. His book *You Are the Awakening* has met rave reviews and is available on [amazon.com](https://www.amazon.com). *You Are the Awakening* examines the dynamics of the awakening to a more conscious awareness of who we are and why we are here – dynamics which are much different from the programmed approach of this world we were born into.