

The Battle of the Bilge

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by **Zen Gardner**

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Many are having this experience and express varying degrees of despair and frustration over this right now.

Understandably so, it's a real onslaught we're having to endure on several fronts at once. And it's getting worse.

It can make you lash out at those seeming to emphasize all of this violence and oppression by reporting on it. I know I've been guilty of dwelling on the negative at times, it is a form of fascination when you start to see the incredible degree at how all of this is transpiring even in our efforts to expose it.

It's like standing on the deck of a boat watching a massive wave mount as it comes towards you and you are frozen in your footsteps in awe of this wonder, even though it's potentially about to overwhelm everything in your world.

We Are the Living Answer

I hear this type of comment a lot,

“Why does the alternative media keep bringing up all this doom and gloom and never have any answers? When is someone going to come up with a constructive plan we can implement?”

While the question is sincere and the underlying frustration is shared by many, it reveals some basic misconceptions.

We look out over this landscape of news and views and alternative exposure and feel overwhelmed. While we tend to

point to others, the speed of any awakening is what is happening in our own lives, not the general trend. The trend may reflect or even catalyze more awakening but the battleground is each of us personally.

How far will each of us take or apply what we already know? Individually?

So many observe, waiting for someone to wave the magic wand with solutions. There are many wonderful solutions being posed and working, the alternative media is by no means all gloom and doom if we're honest, but I can see how it can appear pretty dark at times.

The truth of what's going on just happens to have many seriously negative aspects.

Our personal lives are our magic wands. Take any and every avenue you feel called to but don't wait for a movement to answer your needs or someone else to point the way. If the general direction of where to go isn't clear at this point I don't know what to say.

Being frozen in inactivity really is no excuse once you find out what's really going on.

Waiting Works – Let It Pass

Like healing, people are trained to run to the doctor for almost any malady when in almost every case things just pass naturally.

Take some practical action if need be, cleaning wounds or resting or changing diet or just get off your injured foot, but most things heal just fine with a little patience and common sense. Get trustworthy advice if need be of course, but most things generally just pass.

It's the same with emotions, spiritual sensations and moods. And the awakening. There's a very real external spiritual

climate outside of ours that has nothing to do with us except influence us.

We just happen to be here and have in most cases inadvertently taken part in its propagation just by our participation.

It's from an external source that you did not bring on. Yet we often take on these adopted imposed spiritual mood swings and then assume something is inherently wrong with us or semi-consciously blame our surroundings for our plight.

That or we inadvertently let the seeming hopelessness of this continued lower vibrational bombardment become part of our make up and it thereby drag us into its morass. Then their mentality becomes ours. That's not where we want to go.

Our interpretation of the situation is very often what is wrong. By attributing this spiritual smog attack in any way to ourselves or other bystanders and observers is to give it dominion over us. And it's not always obvious how it worms its way into our make up and makes us feel like it's no use doing anything in one form or another.

This distinction is intrinsic to spiritual survival, and overcoming.

Keep Bailing and the Bilge Pumps Working

Therein lies the trick of our external onslaught:

debilitation, discouragement and disempowerment – shutting down your spiritual engines and all important bilge pumps to where you take on more sewage and faster than you reject it. If you let it.

Everything compounds from there.

We've all been there – the longer we let the bilge of lies and propaganda accumulate in the boat the harder it is to pump out, and the more discouraged we become.

Meanwhile,

- What's happening to your neglected, engine-less craft?
- Are you drifting with the current of this nasty matrix and getting tossed by waves of confusion, soon to be dashed on a rocky reef like other casualties seen on the litter strewn shore?

I'm seeing this despair phenomenon all over.

I wrote about my own battles with it in [The Death Wish Agenda](#). We all face the same battles. It's an incessant warfare and only going to get worse, so it's time to get the hang of it.

That or people will be forced to bow out of the fray and take the easy road of least resistance. The last thing any of us need is fellow ship mates fainting in their hearts pounding on the deck about how hopeless it is and to turn around and tie up in port.

We've all been there to varying degrees, but these are extreme times.

When the going gets tough...

Take Heart

Ultimately there's never a real reason to despair. We carry the ultimate Truth within each of us. That's the secret.

We're each the answer we've been waiting for. This might sound too esoteric to the politically motivated, but it's true. Each awakening is an intrinsic solution to the overall problem. When we underestimate that we can easily become chopped bait eventually thrown into an open sea.

It passes. Discouragement always passes when your sails are set right and you just keep on. No storm can deter the intrepid truth sailor, however many times we falter. You have

to know that in your heart and stay the course.

This is where foundational decisions affect others.

- Have you ejected your useless baggage yet?
- Have you detached from the weights of the worldly matrix as much as you could?

It's a daily practice, but levels of commitment are all important.

Observing and criticizing from some same self-circumscribed safe zone expecting or waiting for others to come up with solutions is an easy game. We see it in trolls, bad mouthing media, destructive imagery and language, and socially engineered systems of thought.

Religion again is a prime example. Putting people's faith and trust in some external source is as debilitating as it gets. The exact opposite is the true reality.

We are the answer, our lives are statements, our words and actions are weighing in towards change for the better.

That, or we're holding the change back.

It's that simple.

The Spiritual Dynamic – A Call to Action for Each of Us

I hammer on this aspect because it is perhaps the most underestimated truth there is.

When the spiritual change happens and we respond to it our actions will follow. Even more so something happens that changes everything at levels we can barely fathom.

Almost every sincere activist researcher I've had the honor to know has had a major life change – evidenced by changed lifestyles, circles of friends and daily activities.

And thus the word of truth became flesh – theirs.

They're not waiting for a messiah, a leader to lead the way or some program to follow. They are the way.

And learning and changing and growing every day and influencing others to do the same.

This matrix will not change – it will struggle and fight and get more dark and violent as it crumbles. We'll never see this system endorse the very things that signal its downfall. Forget that. That's why political struggles are such a trap.

Do you really think we can out spin the spider on his own web-work?

Spiritual weapons are so powerful. They're not just in the etheric, although that is where the real action is going on.

When we make that conscious step or take that new action to put into effect what Universe is bubbling up inside of us with all heaven breaks loose. You'll know as you do it. Speaking up at the "wrong" time, sticking your neck out to defend the defenseless, calling out the Dark Ones in acts and words of courage.

This can result in very practical measures such as joining the fight for local farmers against GMOs or big-agra encroachment, starting local community groups, helping the war against electrosmog, or surveillance, or geo-engineering, helping promote natural medicine, or getting involved in bringing free energy to the fore.

Or helping or contributing to those whom you feel are doing an effective work that you'd like to see continue and make more progress and have a bigger impact.

That's an easy starting point. It really is up to us. The volunteer team at The People's Voice is a prime example of that, but there are many hard working activists, bloggers and

researchers that need our support.

When you hear your heart calling, do it.

And it may be along more spiritual lines by spreading alternative healing technologies or spiritual practices. It may mean joining the information war. It's really that simple. The point is to let go of the shore and enter in to a proactive mode however we are called.

The time is now...

Conclusion

Don't let the barrage we're facing get you down.

We all take dips but the important thing is to keep going, and identifying what, if anything, we're holding on to that is holding us back. The storm can be a great teacher.

They say the wealthy were jumping off of the Titanic clutching their bags of gold, only to sink more quickly to the bottom of a hungry sea. That's a very powerful metaphor.

Don't be afraid to let go. And keep letting go. This warfare is all part of the process. Revel in it!

Let the confusion and discouragement pass. And if you need help, holler to those you love and trust. A loved one in time of need is there just for that, and they'll happily lend a hand or some words of encouragement or just be a listening ear. Before you know it there's a break in the storm and you're back on your feet.

I hope this helps.

We're all in this storm together. We knew it was coming but seeing it from a distance sure is different from being in it, isn't it? It is for us all. Steady as she blows. Keep your lights lit, engines well fueled and running and your hand on the wheel.

And don't neglect the bilge pumps, or if you have to, bail out with a bucket and call for help from others.



[Zen Gardner](#) is an impactful and controversial author and speaker with a piercing philosophical viewpoint.

His writings have been circulated to millions and his personal story has caused no small stir amongst the entrenched alternative pundits. His book *You Are the Awakening* has met rave reviews and is available on amazon.com. *You Are the Awakening* examines the dynamics of the awakening to a more conscious awareness of who we are and why we are here – dynamics which are much different from the programmed approach of this world we were born into.