

The I of the Storm

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by [Zen Gardner](#)

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Talk about chaotic times. To look on the surface, the external can really get you down. It defies common sense while at the same time it appears obviously engineered to be the way it is.

It's the reactivity that gets to us.

Sure there are very real threats, especially the techno-insanity being foisted upon humanity. Besides the obvious political and media toxic sewage being pumped out, the escalating Orwellian tracking mechanisms and especially the exponentially increasing microwave assaults are a very real threat to the survival of not just our species, but our entire planet.

All of this is nothing new. They've just created a reason to step on the gas using this latest false flag. This time with an unseen threat that again, like the so-called war on terror, is a ploy that has no possible end and can be refreshed at will.

It's not a pretty picture out there.



The Fear Factor

Fear is an amazing subject. Consciously and subconsciously perceived reality mixed with personal fear based belief systems are what activate the most detrimental effects of all of this. This is where it gets real personal, whatever external forces assail.

Imagine if no one got triggered by the barrage of fake science, or the obvious race baiting going on. It's not easy sometimes to untangle the spaghetti of entangled influences. I like what Alexander did to the Gordian knot – he just sliced through the bullshit. That's what the sword of Truth does.

It seems they're at every turn anticipating and provoking what they consider to be an easily fooled and triggered populace. That's how this works. And what's the common denominator?



The individual. How each of us responds, or doesn't respond to these engineered or even naturally occurring phenomena. That's where the rubber meets the road.

Imagine again a world of aware, grounded in natural truth people who just said "no way" to this ridiculous lockdown, quarantining the healthy of all things, and stopping all personal contact and their ability to make a living. Never mind the plethora of ridiculous laws and restrictions that have led up to this and will continue to follow.

Trouble is, we're obviously not there yet as a collective, by a long shot. But times like this get people drilling down deep and open a heaven of a lot of eyes and hearts.

Just seems to be the way things work in this dualistic construct.



Hurricane Central

In the eye of the hurricane is complete peace. If the hurricane is moving, just stay centered with it. Sounds simple enough, I know. But just look at who is reading this right now. Your mind might be doing its usual gymnastics but that center in you or me never moves or wavers. That's Who is ultimately looking and working through each and every one of us.

Nothing can touch it.



It's when we venture out energetically and let ourselves get swept up into the storm that we lose our footing. It happens to all of us, but we can always retreat and recover.

Always.

There's no fear there, no reactivity. Just awareness and detached observation. That's the nature of it, no spiritual giant or super secret password needed. The temptation to get pulled out into the maelstrom can be very difficult. There's the opportunity. What is it that's drawing us out? Fixation? Personal issues being triggered by the issue du jour? Anxiety? Fear of the future?

Those challenges are ever present in life. Hence the opportunity. The volume and intensity is being magnified many fold, so things can become crystal clear if we're willing to honestly look in and see what's going on within us. All our lives we've been entrained to focus on the external while missing the biggest secret hidden in plain sight.

The victim game is built in and stilts growth like no other. That's looking for footing where there is none, that and a host of other instilled, self justifying mechanisms are just an endless stream of reasons to hold on to what's false.



Realize Your Real I's

We're all in the same leaky boat on an endless ocean. It's time to realize that and get used to it. This life is ephemeral while appearing very, very real. When we operate from our true center, light and dark, right and wrong, and even life and death fade into their real perspective. Realize you're just a visitor. Don't own any of this.

In it but not of it.

I realize this is a very brief encapsulation of a very deep concept, but I and others have written about it plenty.

Go there and find out for yourself. Then operate from there. And stay there no matter what.



It's the ultimate consciousness "app" where we're all connected. You'll find great company there and see all of this through "real-eyes"! We've all had glimpses through our unique lenses, why not go to the Source?

It's always there anyway, why not tap in and find peace, comfort, vision, and amazing inner strength?

"It will be more to you than a light, and better than a known way."

All the best.

Love, Zen



[Zen Gardner](#) is an impactful and controversial author and speaker with a piercing philosophical viewpoint. His writings have been circulated to millions and his personal story has caused no small stir amongst the entrenched alternative pundits. His book *You Are the Awakening* has met rave reviews and is available on amazon.com. You Are the

Awakening examines the dynamics of the awakening to a more conscious awareness of who we are and why we are here – dynamics which are much different from the programmed approach of this world we were born into.