

# The Internet of Things, 5G Smart Meters, Surveillance and Control

Source: [Press For Truth](#)

Published on Dec 13, 2018

**The INTERNET OF THINGS, 5G WIFI, SMART METERS, SURVEILLANCE And CONTROL OH MY!! (With Jerry Day)**

[https://youtu.be/VAdekZ\\_IP4c](https://youtu.be/VAdekZ_IP4c)

The internet of things, or IoT, is a system of interrelated computing devices, mechanical and digital machines, objects, animals or people that are provided with unique identifiers (UIDs) and the ability to transfer data over a network without requiring human-to-human or human-to-computer interaction. A key component of this system are smart meters that are connected to smart appliances in houses located in smart cities. In this video Dan Dicks of Press For Truth speaks with Jerry Day from the EMF Help Center about the dangers of smart meters, the internet of things, where this is all heading and most importantly what you as an individual can do to protect yourself and your family moving forward.

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