

The Isn't and the Is

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by **Zen Gardner**

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The virus never yet's been found
Yet theories based on naught abound
Handy tool, device of ghouls
Another fearful trick to fool

Big bang too, a deft device
Explaining cause with bad advice
"God" works well too, to 'splain away
With Myst'ry kept at deft abay

To understand is just control
The ego knot, the little troll
Thrives on knowing this and that
That nuisance gnat, the little brat

Show me where this self resides
Lest this contraction be but pride
Illusion traps are woven spells
Made real by other 'maged selves

Hard to believe? Of course it is
That selfsame self within you lives
Programmed, reinforced at will
Behold our whirled, and hence the ill

Nature not, it's doing fine
A mirror of the deft design
But humans? Man, what happened here
We bit the apple – now the fear

We can't let go and trust what Is
Everything is now our biz
The hyperactive fearful self
Will not let go, and that's called hell

*Zen Gardner is an impactful and controversial author and speaker, whose personal story has caused no small stir amongst the entrenched alternative pundits. His book *You Are the Awakening* met rave reviews and is available on [amazon.com](https://www.amazon.com). *You Are the Awakening* examines the dynamics of the awakening to a more conscious awareness of who we are and why we are here – dynamics which are much different from the programmed approach of this world we were born into. Zen Gardner does not currently offer public contact details.*

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