The "Skam" of the Century

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by <u>Rosanne Lindsay</u>, <u>ND</u>, <u>Nature of Healing</u> October 13, 2021

The Skam (mask) Skript

Many people assume the history of the current pandemic is a mere two years long. But did you know that mask mandates are a repeat from a century ago? Did you know that the script of the Coronavirus flu pandemic is recycled from the Spanish flu pandemic of 1918? For what purpose? Read on...

In April, 2020, the Centers for Disease Control and Prevention (CDC) urged the use of cloth face masks in public settings to slow the spread of "Coronavirus," a virus which has never been isolated. In fact the CDC admits no virus has EVER been isolated based upon Koch's postulates, the gold standard.

With no proof of any viral threat, many state Governors "acted" in unison to <u>implement executive orders or official guidelines</u> to wear masks or face coverings. As illegal lockdowns (i.e., house arrests) were lifted at the end of May 2020, and people returned to work, governments again advised Americans to wear "the skam."

On October 8 2020, Randell Kelton filed a complaint against Texas Governor Greg Abbot because he exceeded his authority under the rule of law. A dozen states followed suit by ending their own mandates. However, Kelton's complaint was followed by <u>federal lawsuits</u> by various groups urging the governors to continue mandating "skams" in schools and other places.

Back and forth went the mandates, a masked distraction for two years. Yet, history has shown that masks failed in 1918 [see

1919 study by Wilfred H. Kellogg] just as they are failing now.

Who to trust? What does W.H.O. say?

Mask Failure

The World Health Organization (W.H.O) recommended that people do NOT wear masks unless they are sick or caring for someone who is sick. Mike Ryan, Exec. Dir. of WHO Health Emergencies program said, "There is no specific evidence to suggest that the wearing of masks by the mass population has any potential benefit. In fact, there is some evidence to suggest the opposite in the misuse of wearing a mask properly or fitting it properly."

Anthony <u>Fauci and the New England Journal of Medicine</u> wrote that mask are symbolic. *Virtue signaling*. Fauci published:

We know that wearing a mask outside health care facilities offers little, if any, protection from infection.... It is also clear that masks serve symbolic roles. Masks are not only tools, they are also talismans that may help increase health care workers' perceived sense of safety, well-being, and trust in their hospitals.

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A March 5th, 2020 article from the Mayo Clinic stated:

The current recommendations regarding masks is that if you yourself are sick with fever, you can wear a surgical mask to prevent transmission to other people. If you are healthy, there is not thought to be any additional benefit to wearing a mask yourself because the mask is not airtight and does not necessarily prevent breathing in of these viral particles. — Dr. Nipunie Rajapakse, a Mayo Clinic infectious diseases specialist.

An April 6th study from the <u>Annals of Internal</u> <u>Medicine</u> concluded:

We do not know whether masks shorten the travel distance of droplets during coughing. Further study is needed to recommend whether face masks decrease transmission of virus from asymptomatic individuals or those with suspected COVID-19 who are not coughing. In conclusion, both surgical and cotton masks seem to be ineffective in preventing the dissemination of SARS—CoV-2 from the coughs of patients with COVID-19 to the environment and external mask surface.

Even a March 4th <u>Journal Of the American Medical Association</u> (<u>JAMA</u>) article regarding Covid-19 clarified, When Should A Mask Be Used:

Face masks should be used only by individuals who have symptoms of respiratory infection such as coughing, sneezing, or, in some cases, fever. Face masks should also be worn by health care workers, by individuals who are taking care of or are in close contact with people who have respiratory infections, or otherwise as directed by a doctor. Face masks should not be worn by healthy individuals to protect themselves from acquiring respiratory infection because there is no evidence to suggest that face masks worn by healthy individuals are effective in preventing people from becoming ill. Face masks should be reserved for those who need them because masks can be in short supply during periods of widespread respiratory infection. Because N95 respirators require special fit testing, they are not recommended for use by the general public.

An <u>April 14, 2020 article in Stanford News</u> disclosed that face masks come with their own risks to health:

By filtering particles, face masks makes it harder to breathe. "N95 masks are estimated to reduce oxygen intake by anywhere from 5 to 20 percent. That's significant, even for a healthy person. It can cause dizziness and lightheadedness. If you wear a mask long enough, it can damage the lungs. For a patient in respiratory distress, it can even be life threatening."

Experts make it sound that eye goggles would offer more protection than a cloth mask.

Truth Disclosed

Why is the medical narrative purposely contrary to the

government narrative? Why does the mask skam continue, even after the "safe and effective" <u>experimental vaccine was deployed</u>?

Because the truth must be disclosed somewhere.

The Coronavirus is not a true virus, nor is it infectious. There is no proof. Therefore, the mask is a test of the people's ability to discern the truth with their eyes wide open, even if their mouths are concealed.

Know that truth can be disclosed in any form, including fiction, science fiction, and as published medical studies. But truth is not disclosed in the media.

With <u>media dishing up propaganda</u>, it is time to be discerning. Inconsistencies and contradictions in media are there to create a diversion and an emotional response known as <u>a Psychological Operation</u>. A Psy Op. As with any PsyOp, people must be able to parse truth from fiction. You can do this by considering that <u>everything is reversed</u>.

If there is no infectious virus, there is no need to wear a mask. Masks are a test to see who follows orders for the new Global Reset, a new system of rules. To see what is coming next, you only need to look beyond the diversion.

Techno Reset

The hidden connection between the 2020 Coronavirus pandemic and the previous 1918-20 Spanish Flu pandemic is not found in an invisible virus that does not exist.

No, the hidden connection is found in the roll out of "next generation wireless communications technology." In 1900, wireless radio transmission had just been invented and hailed as a miracle. Then, broadcast radiation spread across the continents. Soon after, reports of 50 million people died as a result of the "1920 pandemic." Everything was reset, from medicine to the economy to expectations to the population

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Or the effects of radiation poisoning, transmitted unseen through the airwaves by the same organizations, the same propaganda, the same coverup?

Is the *novel* Coronavirus just a *new version* of the Spanish flu, aka an invisible enemy that is **not a virus**? While everyone has been sleeping under house arrest, donning and debating masks, 5G towers and power lines have been installed,

deployed, and <u>activated in schools</u>, church parking lots, and farm fields.

How will people escape 5G radiation when AT&T has plans, <u>using 500 patents</u>, to <u>transfer WiFi and wireless data over power lines</u> using 4LTE and 5G millimeter waves. <u>Project 5G "AirGig"</u> is being deployed without the need for any new fiber -to-the-home equipment and could replace cell towers. Powerful <u>radiowaves are also heating the ionosphere</u>, among other technologies, <u>to control terrestrial</u>, <u>atmospheric</u>, and <u>oceanic</u> weather patterns.

The Threat to Freedom

There is no overt war. But there is a covert war under the guise of an unseeable virus that never existed. The true threats are not only to health, under the guise of an "FDA-approved vaccine," but also to freedom.

Be ready for Google and Apple apps that track your every move. Prepare for Artificial Intelligence, or A.I, running the show such as the <u>Covi Pass digital health passport</u> with RFID chip technology, approved by the United Nations. Be ready for a crypto-currency system tied to your body. Investment advisor, <u>Catherine Austin Fitts</u>, says:

When they decide to shut down our bank accounts and say you all get on crypto, universal basic income and take that injection or you can't transact on the financial system, this is instituting a totalitarian system through the financial system. . . . When they shut that trap door, what you need to think about is where are you going to buy food?

In this century, you will have a choice to accept or reject the new tools becoming available. These tools will convince you to sacrifice freedom for security as a new Technocratic society is revealed.

Technocracy: A global system designed to implement central

resource and control through rule-based micromanagement. The growth of Technocracy is made possible by digital systems and software, artificial intelligence, and the "one-way mirror" managed through 24/7 surveillance by intelligence and enforcement agencies-funded by our tax dollars. — Patrick M. Wood, with Catherine Austin Fitts, May 26, 2019

Rosanne Lindsay is a Naturopath, writer, earth keeper, health freedom advocate and author of the books <u>The Nature of Healing</u>, <u>Heal the Body</u>, <u>Heal the Planet</u> and <u>Free Your Voice</u>, <u>Heal Your Thyroid</u>, <u>Reverse Thyroid Disease Naturally</u>.

Rosanne Lindsay is <u>available for consultation</u> through Turtle Island Network. Subscribe to her blog at <u>natureofhealing.org</u>.

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