

Totalitarianism Is Taking Over America

[Totalitarianism Is Taking Over America](#)

by [Gary D. Barnett](#), garydbarnett.com

November 1, 2020

We are in the midst of the most dangerous time to liberty since this country was founded. Actually, we have already had more loss of freedom, and more tyranny just this year than has ever happened to the country as a whole.

California, a state that leads in tyrannical behavior by the political class, has taken tyranny to a more ludicrous level. The criminal cretin governor in California is Gavin Newsom, and he is now attempting to mandate all behavior for personal households for Thanksgiving and Christmas. To gain obedience to such draconian and insane rules would be the end of California, but that might be a blessing in disguise, as the west coast is a poster child for dictatorial and control tactics.

The California Department of Health (CDHP) mandates can be accessed at [this link](#).

The mandatory requirements are listed below, and it is very important to read this asinine compliance section. This is citizen submission training, and it will not be limited to California. Draconian measures such as these and worse will be universal if allowed, and everything being done in these test states like California and New York will come to your city or town soon, just as what is going on in Europe and Australia will as well. After enough submission, violent enforcement will begin for all that dissent unless enough fight back.

While all of these mandates are ridiculous, I have highlighted some of the more idiotic and egregious ones.

“Mandatory Requirements for All Gatherings”

All persons planning to host or participate in a private gathering, as defined above, must comply with the following requirements. Local health jurisdictions may be more restrictive than this guidance. Refer to your local guidance for what is allowed in your area.

1. Attendance

- Gatherings that include more than **3 households are prohibited**. This includes everyone present, including hosts and guests. Remember, the smaller the number of people, the safer.
- Keep the households that you interact with stable over time. By spending time with the same people, risk of transmission is reduced. Participating in multiple gatherings with different households or groups is strongly discouraged.
- The host should collect names of all attendees and contact information in case contact tracing is needed later.

2. Gather Outdoors

- Gatherings that occur outdoors are significantly safer than indoor gatherings. All gatherings must be held outside. Attendees may go inside to use restrooms as long as the restrooms are frequently sanitized.
- Gatherings may occur in outdoor spaces that are covered by umbrellas, canopies, awnings, roofs, and other shade structures provided that at least three sides of the space (or 75%) are open to the outdoors.
- A gathering of no more than three households is permitted in a public park or other outdoor space, even if unrelated gatherings of other groups up to three

households are also occurring in the same park or other outdoor space. If multiple such gatherings are occurring, mixing between group gatherings is not allowed. Additionally, multiple gatherings of three households cannot be jointly organized or coordinated to occur in the same public park or other outdoor space at the same time – this would constitute a gathering exceeding the permitted size.

3. *Don't Attend Gatherings If You Feel Sick or You Are in a High-Risk Group*

- Anyone with any COVID-19-like symptoms (fever, cough, shortness of breath, chills, night sweats, sore throat, nausea, vomiting, diarrhea, tiredness, muscle or body aches, headaches, confusion, or loss of sense of taste/smell), **must stay home and not come into contact with anyone outside their household.**
- Anyone who develops COVID-19 within 48 hours after attending a gathering should notify the other attendees as soon as possible regarding the potential exposure.
- People at higher risk of severe illness or death from COVID-19 (such as older adults and people with chronic medical conditions) are strongly urged not to attend any gatherings.

4. *Practice Physical Distancing and Hand Hygiene at Gatherings*

- For any gatherings permitted under this guidance, the space must be large enough so that everyone at a gathering can maintain at least a 6-foot physical distance from others (not including their own household) at all times.
- Seating must provide at least 6 feet of distance (in all directions—front-to-back and side-to-side) between different households.
- Everyone at a gathering should frequently wash their

hands with soap and water, or use hand sanitizer if soap and water are not available. A place to wash hands or hand sanitizer must be available for participants to use.

- Shared items should not be used during a gathering. As much as possible, any food or beverages at outdoor gatherings must be in single-serve disposable containers. If providing single-serve containers is not possible, food and beverages must be served by a person who washes or sanitizes their hands frequently, and wears a face covering. Self-serve items from communal containers should not be used.

5. Wear a Face Covering to Keep COVID-19 from Spreading

- When gathering, face coverings must be worn in accordance with the CDPH [Guidance on the Use of Face Coverings](#) (PDF), unless an exemption is applicable.
- People at gatherings may remove their face coverings briefly to eat or drink as long as they stay at least 6 feet away from everyone outside their own household, and put their face covering back on as soon as they are done with the activity.
- Face coverings can also be removed to meet urgent medical needs (for example, to use an asthma inhaler, take medication, or if feeling light-headed).

6. Keep it short

- Gatherings should be two hours or less. The longer the duration, the risk of transmission increases.

7. Rules for Singing, Chanting, and Shouting at Outdoor Gatherings

- Singing, chanting, shouting, and physical exertion significantly increases the risk of COVID-19 transmission because these activities increase the release of respiratory droplets and fine aerosols into

the air. Because of this, singing, chanting, and shouting are strongly discouraged, but if they occur, the following rules and recommendations apply:

- All people who are singing or chanting should wear a face covering at all times while singing or chanting, including anyone who is leading a song or chant. Because these activities pose a very high risk of COVID-19 transmission, face coverings are essential to reduce the spread of respiratory droplets and fine aerosols;
- People who are singing, shouting, chanting, or exercising are strongly encouraged to maintain physical distancing beyond 6 feet to further reduce risk.
- People who are singing or chanting are strongly encouraged to do so quietly (at or below the volume of a normal speaking voice).
- Instrumental music is allowed as long as the musicians maintain at least 6-foot physical distancing. Musicians must be from one of the three households. Playing of wind instruments (any instrument played by the mouth, such as a trumpet or clarinet) is strongly discouraged.