

# Transcending the Parasitic Fear Agenda

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Everyone experiences fear. It's a jarring emotion that gets amplified by the reptilian fight or flight side of our human make up. The problem comes when the prompt is deliberately manufactured and therefore non-authentic, which is why the manipulators use it so frequently and to such an extent. Fear interferes with conscious awareness, clear thinking, true knowing and in turn conscious behavior and makes for a highly manipulable state of being.

It's not only toxic and debilitating, but fear is contagious as well as addicting.

This lower level vibration of fear has many esoteric derivations and origins. Whether people are aware of the underlying spiritual nature of our Universe or not, it is profoundly real. Where we get these fear impulses is a subject unto itself that anyone on the path of truth comes upon, but we each experience these influences. One of the most profound realizations that comes from understanding fear, besides its use as a social engineering tool, is that fear is an intrinsic energy source for parasitic controllers and entities, both human and non-human. Understanding the archonic agenda as revealed by the Gnostics is essential for grasping the bigger picture.

They feed off of our energy. That realization is a powerful motivator to not give it to them. Fearing their machinations

is falling into a voluntary slave mentality and literally a form of worship.

It's time to fearlessly stand up straight and tall and starve this parasitic beast of our energy.

## **The Fear Syndrome – Separating Real and Unreal Threats**

Society is built on fear, primarily a fear of not having enough, whether it's money, food, protection, safety or even love. Scarcity is a very powerful tool and being used as a global weapon against humanity on a massive scale. Food and water shortages are being engineered worldwide, while the economic flow of financial resources are similarly being dried up. These are very real attacks upon humanity as are the other crippling programs such as tainted and genetically altered food, geoengineering, electrosmogging our planet, and the ongoing drug wars on the world's populations by mind and body altering pharmaceuticals.

It may not seem to be such a nice place to live right now, but we're here, and for a purpose. Clearly it's not a time to fear, but it is a time to take action to both expose these programs as well as mitigate their effects upon as many as possible through information sharing, practical measures and other proactive means.

We need to separate real threats from imagined ones, including the realm of psycho-spiritual attacks and influences. Those are only as real as we allow them to manifest. We do this two ways. We might straight up succumb to the lies these influences always transmit, which only brings on more spiritual and physical servitude and power to these would-be controllers. That, or we can simply be fascinated by these dark energies and thus empowering them through our attention and therefore intention. The world's fascination for horror and vampire films as well as gratuitous violence via "action" movies, television and murderous video games exemplifies this. The now known widespread phenomena of satanic ritual sacrifice

and abuse and the elite culture of pedophilia are very clear evidence of how these entities operate. They are fundamentally vampiric, and all of this social engineering is to generate more energy for them to feed on.

Turn it off at the source – you. With that will come cutting off the TV and other channels of transmission which in turn will help identify other levels of this program, including EMF mind control technology. The ultimate level it needs to be monitored is ultimately the spiritual source, which amplify this vibration and direct these programs into unawakened minds straight into the traps being used on the material level.

It may seem to be a lot to do but ultimately getting fully conscious will transcend anyone outside of this entire realm of their matrix to where it all becomes very simple.

### **What If? Don't Worry, Be Conscious**

Fear can manifest in a host of ways. Worry is one of the most subtle. Most don't attach worry to outright fear, they think it's just a mild concern. Fear is too strong of a word in their minds, which is actually a form of denial and very dangerous. Worries lead to unconscious thoughts and actions. Now if it's a genuine concern that's one thing, and needs to be handled, but these wrongly minimized worries are dangerous and need to be either let go of, or taken care of.

Worry is sometimes brought on by ourselves by not acting on what we know we should be doing, or not doing. However, most worries are completely futile distractions and a total drain. As Mark Twain famously said; "I've had many worries in my life, most of which never happened." These worries can hang around our heads and hearts like cling-ons just waiting for opportunities to collect or amplify a negative vibration. They're sometimes not easy to deal with if they require some personal resolution regarding something specific we're avoiding or feel we're not prepared to deal with. We're each learning to avoid, overcome and transcend induced fear, and

it's all well within anyone's grasp.

The elites and those fully entrenched in and using this parasitic control system live in constant worry and fear, and they should. Not only are they foisting it on others and hence bathed in it, but the very real ultimate outcome of their demise and facing the consequences of their actions looms over them like a dark spectre. Why else do they feel the need for bodyguards, armed motorcades and heavily fortified dwellings? All of those with hoarded riches, as well as power, are continually afraid they're going to lose it.

Why? Because they will lose it all, and pay a lot of other overdue karmic bills at the same time.

## **The Illusory Fear of Death**

Another aspect is how we all rehearse what we would do in different situations. Is it worry? I think it's only natural to our human condition to a large extent but it can be dangerous. How will we handle facing very serious health issues, or the death of a family member or our closest loved ones, or even our own "death" and transition to the next world?

It's only a problem if we dwell on these thoughts or we come from a standpoint of fear. It's not fear unless we haven't transcended those issues consciously. When we come to realize what we essentially are, fear of death loses its grip. That wondrous realization of our inherent freedom and eternal nature and the reality of infinite possibility is much of what empowers this magnificent awakening humanity is undergoing. When we come to realize what we essentially are, fear of death loses its grip.

Death worship has become a societal meme. You can see it in the news, art and the entertainment industry. The truth is this has been embedded into the human fabric from our engineered inception. Just look at the world's religions, all

fixated on death. This in turn imposes not just hierarchical dependence, but shifts the focus from being here to preparing for some sort of afterlife, crippling the ability to live here fully in the moment or respond consciously to the world around us. Death fixation is an extremely strong fear-based disempowerment tool.

We can't give our energy away, nor can they compel us to. It's all a bluff, no matter what rages about us.

Kitty recently succinctly commented, "We can't die. We are eternal and just passing through. The fear of death is the greatest of all the control systems, it is this fear that stops us living fully and joyfully and holds us back. Once we realise this there will be nothing to control, we can be fully human and totally divine just as we are meant to be."

Perfect.

## **Transcending is Practical**

Awakening to the realm of full on conscious awareness is the key to transcending these lower level vibrational influences. They then become increasingly evident for what they are and we can deal with them intelligently from an enlightened standpoint. When these negative vibrations arise you can then tell them apart from a real threat that needs immediate action. When we see an influence is invading our minds or simply pestering us we can either simply shun the vibration, or take spiritual action to repel such an attack if need be. But don't give them your energy via fear, fascination and undue attention.

These outside attacks do happen. And we'll see more of this as these last throes of the dark agenda do their best to subvert humanity into a subservient, subjugated and suppressed state.

They can come as panic attacks as some are experiencing, or a sense of dread and feeling trapped. Some can come across

outright spooky is you're sensitive or have the qualities of an empath or psychic, as many of us do. Again, these are nothing to fear. They cannot touch you, only induce fear if you let them. Some can be directly addressed and told where to go, or you may have tapped into other spiritual technologies or even outside help of some sort which is available. But ultimately it is our individual stand and remaining consciously fearless that takes care of everything.

Whatever the source, they are all based on fear, and ensuing servitude if we comply.

### **Fear and Hate – Both Negative and Entropic**

Hate is akin to fear. Hate is that extreme directed backlash in reaction to an influence someone perceives to be a direct threat to them in some way. The extreme manifestations are ever present, from the Zionist genocide in Gaza and on-going Ukrainian massacre, to the hate propaganda being continually ginned by the corporate, agenda-driven media. On a personal level it's a reptilian brain reaction/protection mechanism and one of the most corrosive and destructive emotions. And they prey on this element.

Both fear and hate are entropic – they break down the beautiful complexity of the natural flow and structure of life in order to release the energy within, leaving a used up, over-simplified and dead husk in its wake. This released energy is food for the temporal and spiritual parasites and the reason their ugly forces are exerted on humanity, and the living earth. You can feel it during violent events, strong expressions of fear and hate, and even at sports venues. The energy released and dissipated is being absorbed by the parasitic forces.

Fossil fuels, atomic energy and weapons of war are all entropic. So is the electromagnetic warfare and geoengineering madness being waged on our planet. All to release energy and create a homogenous, disempowered and easily controlled

environment for the parasitic few, both here and in other dimensions. Fear and hate are two of their main tools to cause this same entropic effect on our spirits and society, and are mainstays to creating the negative herd mentality of the worst and most debilitating sort.

## **Keep the Peace – Not the Fear**

We're each learning to avoid, overcome and transcend induced fear, and it's all well within anyone's grasp.

Peace is precious and our inherent right. No matter what the conditions. While the media floods the airwaves with fear in all forms and our very culture is saturated with it along with the accompanying violence and death, our spiritual home is a place of peace. And love.

We need to see through the media storm and all the accompanying garbage they're emanating, and avoid getting contaminated by it. It's spiritual fly paper and one thing can easily lead to another if we get on the wrong track or vibration, taking in useless, toxic information or seemingly innocuous so-called entertainment. They've loaded it all up with hitchhiking energies so we need to be extra vigilant.

Stay free and keep the peace that comes from consciously aware knowing. A secure confidence in the rightness of all things essential. That's where our hearts need to be centered.

Especially in these troublesome times.

For ourselves, our loved ones, and all of humanity.

Much love, and peace to you,

Zen



[Zen Gardner](#) is an impactful and controversial author and speaker with a piercing philosophical viewpoint. His writings have been circulated to millions and his personal story has caused no small stir amongst the entrenched alternative pundits. His book *You Are the Awakening* has met rave reviews and is available on [amazon.com](https://www.amazon.com). *You Are the Awakening* examines the dynamics of the awakening to a more conscious awareness of who we are and why we are here – dynamics which are much different from the programmed approach of this world we were born into.