

Transformation, X-Ray Eyes and the Lifting of the Veil

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by [Zen Gardner](#)

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These are very exciting times as well as extremely challenging ones. Changes continue to accelerate on personal as well as external fronts, and will continue to do so. This veil lifting meme has come on strong. It's in our collective consciousness. It's the awakening morphing as we said it would and will continue to do.

On the external front, the BREXIT issue is very indicative of the growing effects of recent events, even if it's engineered to try and bring on a new globalist plan. The point is people are getting a sense of empowerment and involvement. When these openings arise they lead to more awakenings of the spirit as related issues come to light.

I see and feel it here in Spain, as there are a lot of Brits here and they're talking about it quite a bit and recalculating many things as a result, as are all other nationalities here in Europe. It affects trade, freedom of movement and places of residence the most immediately.

People are already on the defensive with the monetary manipulations and the underlying issue of disappearing national cultures with the migration agenda in full swing, so the cumulative effect of these issues is precipitating new viewpoints and understandings about what's going on.

Populations are also being battered about by these escalating

false flags and ginned up fear with the resulting militarization of their otherwise peaceful nations. They're seeing through all this more and more. That's pretty powerful. It's all backfiring as they get more and more desperate to gain control, and people aren't buying into it nearly as much.

The Break Though Is Under Way – And It's Very Personal

The truth is bubbling through this lifting veil and changing the playing field in more ways than we can even clearly identify. It's a shift – ultimately in consciousness that is affecting the entire planet and everything and everyone in and on it.

The most profound manifestations are what's happening in people's personal lives. I've been going through a major shift the past 10 months with very personal ramifications coming at me full speed and from all sides. The thing is, I'm hearing this from every quarter. My own children, close friends, readers and commenters on the site, people I'm meeting, and just perusing the consciousness oriented web sites.

The shift is hitting the fan. And it's all for good.

It's really remarkable how lives are being impacted. And it's clearly what's most important – that we make the personal changes that are being required of us to prepare us for what's ahead, as well as in fulfilling our essential roles as sovereign awakened souls and awake and responsible inhabitants of this glorious planet.

X-Ray Eyes – Just Wait To See What You're Gonna See!

What's thrilling about these changes is what is being revealed to us. Not only in our general outlook as that will continually keep morphing, but our self perception and how we view those about us that closely influence our lives.

You'll see yourself, first of all, warts and all as the layers peel off. But it's revealing your real shining self. It's all

good. I get into this in other articles but you know what I'm talking about. Transformation is a painful but necessary process.

Don't fight it. In fact, pursue it.

The wild stuff I've been experiencing the past several months and which continues to step up is seeing not only myself, but other people differently. Especially the ones I thought I "knew". Things get revealed to you. Brace yourself, a lot of it comes as a shocker or sideways revelation, but trust what your heart is telling you. And respond accordingly as you're led.

It's an ongoing adjustment process but quite a thrilling experience. It'll make you draw close to some and distance yourself from others as your newly revealed self comes to the surface.

The Bombastic Bullshit Factor

There's a lot of complete bullshit getting thrown around, and pointless, distracting and time and energy wasting drama. It'll be cloaked in anything from morphed new age type spiritual rigamarole, a very toxic infection going around, to shallow amusements with no lasting value that also drain the spirit and distract from deeper relationships grounded in reality.

You'll also see other people you don't know differently. It's sort of like having x-ray eyes that are waking up and activating. It gives you a lot more compassion to realize what people are trapped in, as well as an increasing disdain for destructive behavior and deliberate ignorance.

Events and news morph too. You'll be able to more easily resist areas of information that you once tolerated and even sought after. Go with it. As we detoxify it gets easier and easier and we naturally spend more time on connecting with

nature and relaxing as well as working on spiritual grounding, essential to our health and survival, especially now in these increasingly turbulent times, both socially and spiritually.

Hyperdimensional Stuff

This can't be emphasized enough. Without awareness of this aspect we're sitting ducks. Almost if not all of our problems are influenced by hyperdimensional energies and entities. We're under attack now more than ever and as the veil lifts, but we're going to be able to identify these pestering spirit influences at work.

That's why grounding work in order to stay firmly planted in reality is so very important.

But it's all for our good and growth, so react consciously. Again, the Wetiko information is very empowering in this regard. We need to understand what is going on in this important hyperdimensional aspect and there's a lot of great information regarding this available.

But nothing takes the place of vigilance. If we're "on call" we're much more likely to nip things in the bud before we get entangled and things really become complicated and confusing. That's why I wrote about social contracts and co-dependence recently, because these can be activated before we know it. It's bad enough the ones we're aware of and already disengaging from, but why bring on more problems for ourselves if we can avoid them?

Can I Help?

Co-dependency often manifests in trying to help others in the wrong way and with the wrong motives driving us. Maybe we're drawing others to ourselves, or working out old issues with wanting to feel needed. It could be a lot of things.

This phrase "can I help?" has become a joke with my closest friends. We talk about all these things I'm writing about here

a lot which really helps heighten awareness of it. But if you can laugh when you catch yourself doing it it's a real good sign! Issues like this are a manifestation of previous trauma and tragedy in our lives and may not seem so funny at times, but we can get past it.

We just need to see it for what it is.

That takes some "homework" but it's an essential part of our growth. Wrong, binding social contracts are another extension of co-dependency. It's that thing that reaches out and attaches in completely unhealthy ways. It reminds me of the quote:

"Thoughts are not the problem... It's the thing that goes out and grabs them and makes them 'yours' that's the problem." – Jack O'Keefe

Watch Your Thoughts – and Everything Else

That quote above is like anything in us that seeks attachment. And let me tell you, hyperdimensionals LOVE attachment! Besides what basic attachments to to bind up personally, attachment is how these entities and influences work and even travel from person to person. So watch out where you hang out, who you're with and what you think. Do regular energetic cleansing. All this may seem a tall order but it's the nature of the beast right now.

Actually it always has been.

"Eternal vigilance is the price of freedom" is a lot deeper than we thought. But it's not that complicated. It will take some tough decisions to let go of compromised situations. The answer is usually clear and easy but the execution can be tough. Some things take more time to unravel and disconnect from than others. But we all can do it.

Unveil Yourself

I'm dwelling on these personal aspects because self-healing is the most profound manifestation of this lifting of the veil. And once we're whole we're way more effective in helping to change the vibrational level of our environment. That's the most effective thing any of us can do.

It's also where these other forces and issues can't touch us, and that awakening process continues to self replicate and raise in not just frequency, but power and speed. Besides, it's the unknown territory we all crave to find and explore and dwell in.

And it's at all of our fingertips.

Now that's empowering. We're in the midst of a planetary shift that's being energetically charged, and as we respond and resonate it works synergistically to compound this wonderful change exponentially.

Keep on. It's an individual fight, but we each help each other massively by overcoming.

Meet you in the unknown! It's the place to be!



[Zen Gardner](#) is an impactful and controversial author and speaker with a piercing philosophical viewpoint.

His writings have been circulated to millions and his personal story has caused no small stir amongst the entrenched alternative pundits. His book *You Are the Awakening* has met rave reviews and is available on amazon.com. *You Are the Awakening* examines the dynamics of the awakening to a more conscious awareness of who we are and why we are here – dynamics which are much different from the programmed approach of this world we were born into.

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