

Vitamins: A Good Hypothesis From the Beginning, but Long Since Refuted

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What Are Vitamines?

Studies and Experiments Which Cast Some Light on These Mysterious Elements of Nutrition
By Harry A. Mount

cause their function was not understood. These new experiments indicate that the action of the glands, and consequently many bodily functions, depend in part or entirely upon an element of food, which, although it has not yet been isolated, has been arbitrarily named vitamines.

The case against vitamines might well be first considered, for it is based upon the fact that they are mysterious. No one has ever seen a vitamine; the existence of vitamines has only been surmised from the very definite effects upon the animal organism when lavishly fed with vitamines and when deprived of them.

It has not been possible to isolate positively these vitamines, and their chemical composition is unknown.

other curative agents. We ought to be warned in advance, then not to be too hopeful of what the exploration of this new field will reveal.

Quelle: What Are Vitamines?
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<https://www.scientificamerican.com/article/what-are-vitamines/>



In 1921, Scientific American published an article pointing out that vitamins have never been isolated or seen and their chemical composition is unknown .

One might think that science has advanced further today and that vitamins are now proven facts – but whoever believes this is mistaken:

The parallels to disproven virology are frightening. In both cases, these are thought models without controlled evidence according to the scientific method.

Reality:

According to current studies, the symptoms associated with “vitamin deficiency” are the result of ongoing stress caused by poor nutrition.

Logic:

If a deficiency is supposed to cause disease, why do people who go without eating for a long time not get scurvy or beriberi?

NL BIO-LOGISCH [Next Level Bio-Logical] can accurately classify and explain the causes of these “diseases”.

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