

# Bravely Facing the Awful Truth

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by [Zen Gardner](#)

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The real full on Truth hits you hard. Right in the heart. Your family is at stake, humanity is at stake. We're being relentlessly attacked by some unidentified force and we're reeling, without much to seemingly stand on.

Our planet's resources are being polluted faster than we can identify. Everything in every sphere we just years ago held dear and tried to naturally defend has been so drastically altered it's beyond identification or comprehension.

And we scream as if in a nightmare with no one listening.

### **Environmental Murder**

The Gulf of Mexico and virtually the entire Pacific ocean have been virtually killed. Murdered. The skies are being poisoned to an incredible degree, killing our plants, animals and fellow humans. Our food and water are horrendously modified.

I like to believe in life's regenerative processes, but we're talking long term if this doesn't stop soon. Perhaps long after our kids and grand kids have then had to endure the horrors of a mutated world, if they live that long.

These frackers are playing for keeps. And people had better wake up to that fact.

These earth changes, and so-called scientific and social

changes that are obviously engineered, clearly have an agenda.

### **What Agenda Might this Be? Some Questions to Consider:**

WHY would the elites dig a super underground vault to store seeds from all over the planet while introducing genetically modified seeds growing food they themselves won't touch?

WHY have they built secret underground bases?—that aren't so secret if you poke around a bit.

WHY is the world not told a single fact about the Fukushima radiation readings, and the EPA monitors getting shut off and standards recalibrated?...while the media black out continues?

WHY is questioning water fluoridation considered cult science while multiple millions drink the toxic industrial byproduct yet European countries throw the process off?

WHY are they pushing vaccines so hard when they've been proven to maim children and adults?

WHY is cellphone and other EMF technology deliberately set at the range of our brain frequency when it could have been outside that?

WHY is the banking system getting off scot free when everyone knows they engineered this economic mess?

WHY is war on terror so accepted when it was based on a staged false premise—a clearly government induced false flag millions identify?

WHY is the education system spewing out dumber and dumber kids while more money is poured in to this endeavor?

WHY is everyone so freakishly fat they can't see their feet anymore and are suffering accelerated off the charts health challenges?

WHY has questioning anything become a terrorist threat?

WHY is our atmosphere so purposely filled with aluminum and other toxic substances our respiratory illnesses have skyrocketed, never mind other complications like increased seizures, memory loss, and even Alzheimers?

WHY is going through the airport now a radioactive exam and terrorizing experience for even children and the elderly?

WHY is the government now allowed to arrest, imprison and even kill you without trial?..as well as spy on you at will?

WHY is the media swill the same on every channel with literally no independent reporting or investigative journalism?

WHY is our DNA being tracked, our irises scanned, blood tested and our movements monitored?

And why militarize American streets and authorize police and military brutality in crass overkill operations?

etc. etc. etc.

Getting the picture?

We have to wake the hell up, is all I can say. If you don't get it yet, I pity you.

We're under attack.

There's a lot to be angry about. And if you're not angry, you're not alive. Then turn your anger into activity. Do something! Wake others up! And most of all, drastically change your own life to reflect what you now know!

## **The Zen Spot**

Yes, there's always that. Of course there's a wonderful "other" transcendent side to all of this, but it doesn't matter if we don't take responsibility for what's going on in front of our noses and do something about it. Passively

witnessing or “observing the essence” of a drowning child is complete bullshit. It’s time to respond.

Inaction while observing the truths of our current condition is an outright denial of personal responsibility. Know the Truth, and act on it.

I found out and my life changed. Drastically.

I hope yours will too.

Love always, Zen



[Zen Gardner](#) is an impactful and controversial author and speaker with a piercing philosophical viewpoint. His writings have been circulated to millions and his personal story has caused no small stir amongst the entrenched alternative pundits. His book *You Are the Awakening* has met rave reviews and is available on amazon.com. *You Are the Awakening* examines the dynamics of the awakening to a more conscious awareness of who we are and why we are here – dynamics which are much different from the programmed approach of this world we were born into.